Dear Alumni, Family and Friends,

Each year, we offer travel programs that enrich and transform your life, leading you to new insights and fresh perspectives. We are thrilled to share with you the 2020 trips AHI Travel has to offer, each offering its own unique style of travel.

For example, educational travel, a hallmark of AHI, is built into both their ever-popular Alumni Campus Abroad® programs and intimate Small Group trips, a traveller favourite. And if connecting more deeply with everyday life is important to you during your travels, check out the immersive Art, Culture & People trips.

You’ll find more opportunities than ever to customize your experience with a selection of included excursions, as well as elective activities and extensions. In addition, if you’re travelling solo, you’ll find an assortment of programs with a waived single supplement fee.

The travel consultants at AHI Travel are eager to chat with you to find your perfect travel experience. They can be reached at 800-323-7373.

Sincerely,

Guy Larocque
Executive Director
University of Saskatchewan Alumni Association

Our commitment to you

From the beginning of your travel experience to the very end, you’ll be treated with kindness, competency and respect and will be provided nothing less than excellence.

We promise you personal attention, innovative itineraries and stress-less travel that educates, inspires and adds another great chapter to the rich story of your life.
We’ve gone green! We’re sending this comprehensive catalog with all of our thrilling AHI journeys instead of mailing individual program brochures.

If you have questions or would like to reserve your spot, please call 800.323.7373.

You may also visit our website at usask.ahitravel.com for more information, to reserve your space or to download a trip-specific brochure.

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call us at 800.323.7373
We provide personalized GROUP TRAVEL

Experience the world while enjoying the value and convenience of group travel.

Creativity. Value. Integrity. Excellence. These are the values that animate our travel programs as we connect you to the people, places and cultures of the world.

"My wife and I had a wonderful trip and are grateful for the many efforts of AHI and its associates in making this a memorable experience."

— Herbert
Legends of the Nile | 2019

We know you have questions about group travel:

**Who else will be on the trip?** You will explore with travellers who have interests similar to yours. We often see our travellers become friends and even take future trips together.

**Do I have time to explore independently?** Our expertly planned itineraries balance group excursions and leisure time.

**What makes this program a great value?** We deliver fantastic rates due to our longstanding travel partnerships around the world. From the time of booking to your return home, you also have a team of travel experts continuously working to give you optimal value, a bonus not available to the individual traveller.

---

Our programs feature:

- Multifaceted itineraries crafted with **inspiring moments** to stir the soul
- **Outstanding hotels** in the best locations and authentic, regional cuisine
- **Preferred access** to popular sites and hidden gems
- **A cultural enrichment program**, out of reach to the casual traveller, featuring **local experts** from all walks of life
- **Flexible options** to reflect your interests and personalize your own journey on most trips
- **Free time** to pursue your individual passions
- **Carefree travel** while we take care of the logistics
- A personalized **support team**, including a dedicated Passenger Service Representative, to assist you before, during and after the trip
- The security of travelling with an experienced **travel expert**
- **Assistance** with independent travel arrangements before and after your trip

Top: Hassan II Mosque, Casablanca, Morocco
Travel Expertise

One of the greatest things about travelling with us is the people who bring your journey to life. From your Passenger Service Representative to the Travel Director and lecturers for your program, AHI Travel employs the best people in the industry.

Before you go:

Travel Consultants | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.

Passenger Service Representative | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.

Travel Information | Receive extensive destination information and travel tips compiled by our travel-savvy team to prepare you fully for your journey.

Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders’ perspective. Our dedicated team takes your adventure to the next level.

Travel Director | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and enjoy yourself. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you have an unforgettable travel experience.

Expert Guides | Who better to show you around than the people who live there? We’ve specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travellers. Warm and genuine, they’re ready to share their passion for their country with you.

Lecturers | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers, who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. This high-calibre professional makes you feel safe and important by creating a convivial, welcoming atmosphere.

The other important individuals are the guides and lecturers, whose regional expertise shines in their insider perspective and commentary.

With these specialists at your side, become intimately engaged in the rhythm of the community.

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.
AHI is committed to you

Our experience and deep love for travel shape every program.

AHI Travel is a creative travel company recognized around the world for deluxe, personalized group travel programs. Richard and Arlene Small, two travel industry pioneers, founded the company in 1962, when they launched the first alumni travel programs at universities across the United States. Soon after, they introduced AHI in Canada. They quickly earned an outstanding reputation for quality, service and value, which AHI continues to deliver today to alumni and individual travellers alike.

Personal involvement shapes every aspect of our tours. In fact, AHI leaders Brian, Joe and Rick Small help plan every program. And long before we finalize a program, our team of experienced travel experts stays in the hotels, eats in the restaurants and visits every site. We detail the things that matter most (like the number of cathedral steps you must climb or restaurants with the best food and views!) to travellers.

All of our programs focus on a strong educational component and foster a deeper understanding of diverse cultures and natural phenomena. We put travellers in direct touch with local people and cultures.

Our aim is to please you, period. By consistently meeting travellers’ high expectations over the decades, we appeal to educated, cultured and experienced travellers — people like you. Many clients have been so pleased with our programs that they boast of taking 15, 20, even 30 trips with us! We know you have many travel options and probably just as many questions. So call one of our AHI Travel experts at 800.323.7373. We look forward to helping you plan your trip.

Right: Fado musicians, Lisbon, Portugal
Far right: Pointe du Hoc, Normandy, France
A World Apart

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

AHI Connects

From intimate gatherings to behind-the-scenes visits to hands-on lessons, our team curates unique events that instill a deeper appreciation for your destination. Savour a special farm-to-table dinner on an Irish country estate, chat with local artisans in Africa or enjoy a private musical performance in Heidelberg. Come away with memorable, immersive experiences that also support the communities we visit!

A Note About Activity Levels

We have rated all of our excursions with activity levels to help you assess the physical expectations of our programs. Depending on the excursion, more leisurely alternatives may be available.

To make the best personal choice, please evaluate each excursion’s rating and your ability to meet the tour’s physical demands. Please note, excursions on our programs require: walking on cobblestones, unpaved paths and/or uneven surfaces; and getting on/off motor coaches, boats and/or trains.

Mild: Walk under 1.5 kilometres on mainly flat terrain; navigate under 50 stairs; stand under 1 hour

Moderate: Walk 1.5-5 kilometres on flat/uneven terrain; navigate 50-100 stairs; stand 1-2 hours

Active: Walk 3+ kilometres on flat/uneven terrain, including up and down inclines; navigate 100+ stairs; stand 3+ hours

Please call or visit our website to review the itinerary for full details about activity levels on AHI programs.

A rich tradition of innovative land and cruise programs

Knowing that educated travellers are looking for a variety of travel destinations, we offer intriguing programs in dozens of countries on six continents.

Our specialized travel brands:

Alumni Campus Abroad® | Enhance your appreciation of your destination through exclusive educational content. Local lecturers provide a broader context for what you will experience and enlighten you with new perspectives.

Art, Culture & People | Become more familiar with the world’s greatest cities and examine the personalities of diverse neighbourhoods on these in-depth explorations.

Catering to your preferences and needs:

Small Group | You’ll travel with an intimate group, limited to 28 guests, sized just right for a more individual experience, and filled with camaraderie.

Active Travel | Designed for people who are in good health and can participate in a demanding daily schedule of physical activities. Itineraries may feature full days of ongoing activities. Depending upon the excursion, more leisurely alternatives may be available.

Solo Travellers | Because we value our solo travellers, many of our trips are specially priced with no single supplement.

Multigenerational Adventure | Share your love for travel with the young adventurers in your life on a family-oriented river cruise, featuring expertly designed youth programming.

YOUR INDIVIDUAL EXPERIENCE

Free time means something different to every traveller. Some people like to linger in a cozy café, while others prefer to stay on the go.

PERSONALIZE YOUR JOURNEY | PYJ Included | On our Land, River & Land and River journeys, you can personalize your journey with a choice of excursions ranging from culinary tours to cycling adventures to museum visits.

ELECTIVES

At an additional cost | On most programs, we offer elective activities and extensions.
Accommodations

We personally select hotels and ships for quality, location, value and character.

For more than 55 years, AHI has travelled the world to evaluate hundreds of hotels for our programs. As travellers ourselves, we value high-quality, ideally located accommodations imbued with local charm and style. Our meticulous selection process promises that you'll return each evening to a well-appointed room with the comforts and amenities you expect. Many of the properties offer thoughtful amenities such as room service, restaurants, a salon and fitness facilities and a pool.

When you’re on the move during our programs, your comfort is paramount. Across land or water, we select the finest river cruisers and luxury trains for the most pleasurable experience.

While the accommodations you stay in during your journey may not define the trip, they certainly complete a wonderful travel experience. Quality lodging is a crucial aspect of our programs.

Hand-picked Hotels

▶ Luxury hotels offer the ultimate in comfort and service. Marvel at the singular attention to detail and sumptuously appointed rooms in sleek, modern hotels like The Peninsula Bangkok and the Shangri-La Hotel, Singapore.

▶ Deluxe hotels range from legendary establishments, such as the Belmond Mount Nelson Hotel in Cape Town to Waterside Lodge, an upscale safari lodge. Historic architecture, contemporary design and extensive amenities distinguish these hotels.

▶ First-class hotels, often a distinctive boutique property or a welcoming family-owned hotel, offer satisfying comforts at the end of an exciting day. Watch a sunset from the Hotel La Palma or sip a glass of Chianti on the terrace of your Tuscan villa.
Select Ships & Trains

► River ships, built specifically for river journeys, bring you closer to both remote villages and grand cities for intimate views of local life. From gracious service and well-appointed cabins to gourmet cuisine and onboard cultural activities, savour the unique experience of your floating hotel.

► Elegant trains transport you back to a golden age when the way you travelled was just as significant as the destination. Wind through the heartland in vintage train cars, impeccably restored to their glory days, and relish the sweeping views. Indulge in afternoon tea service or cocktails in the observation car.
Journey to Southern Africa

Luxury Safaris, Rovos Rail & Cape Town

Inspiring Moments

- Stalk big game in their native habitat while on safari in South Africa, Botswana and Zimbabwe.
- Witness Victoria Falls, a grand cascade.
- Surround yourself in classic luxury aboard Rovos Rail.
- Walk in the footsteps of Nelson Mandela on Robben Island.
- Meet the young people involved in projects at a Soweto youth centre.
- Immerse yourself in the easygoing lifestyle of Cape Town, South Africa's oldest city.
- Experience three UNESCO World Heritage sites.

Experience the thrill of safari, marveling at incredible wildlife in three world-class parks. Explore Cape Town and the scenic Cape Peninsula. Visit sites steeped in history and witness the power of majestic Victoria Falls. Traverse verdant plains aboard the elegant Rovos Rail and gaze at exotic beasts, all while relishing the riches of this wonderous continent.

Active Travel

Excursions on this program require:

- walking on unpaved paths and/or uneven surfaces
- getting on/off motor coaches, boats and trains
- walking through train corridors whether the train is in motion or stopped
- climbing in/out of safari vehicles

Day-by-Day Itinerary

Days 1 & 2 | In Transit | London, England
Depart for Cape Town, South Africa. Depending on the route you select, you may depart on Day 2 or have a layover with a day room provided by AHI.

Day 3 | Cape Town, South Africa
Transfer to the Belmond Mount Nelson Hotel. Meet your fellow travellers at a Welcome Reception.

Day 4 | Cape Town
Discovery: Cape Peninsula. Explore the Cape Peninsula and Cape Point Nature Reserve. Delight in views along Marine Drive and stop in the fishing village of Hout Bay. Continue to Cape Point, and visit an African penguin colony at Boulders Beach. Enjoy the flavours of local cuisine during lunch.

Enrichment: South African History.

Day 5 | Cape Town | Robben Island
Discovery: Cape Town. Discover the highlights of South Africa’s Mother City. Drive through the Company’s Garden district, see the Castle of Good Hope and stroll along a bustling harbour. Take a ferry ride to Robben Island and tour the jail where Nelson Mandela was incarcerated. Your guide, a former prisoner of Robben Island, offers first-hand insight.

Free Time: Spend the afternoon at leisure.

Day 6 | Victoria Falls, Zimbabwe
This morning, fly to Victoria Falls, Zimbabwe. Upon arrival, check in to the Victoria Falls Hotel.

Free Time: Enjoy leisure time to settle in the hotel.

Discovery: Victoria Falls. Feel the cool mist as you revel in the planet’s largest curtain of water. Gather for a group dinner tonight.

Above: Cape Town and Table Mountain

visit us at usask.ahitravel.com
Day 7 | Chobe National Park, Botswana

**Safari**: Chobe is a spectacular destination for bird-watchers, and the Chobe River gives life to the many animals, birds and reptiles that call the park home. Watch elephants frolicking in the water, hippos swimming and birds swooping down to catch fish.

Day 8 | Victoria Falls, Zimbabwe

This afternoon, embark Rovos Rail at Victoria Falls Station and begin your luxurious train journey. The train overnights at Kennedy Siding.

**Safari**

After disembarking in Kennedy Siding, go on a game drive at The Hide, a private concession in Hwange National Park. This park, known for its natural beauty, is home to more than 100 mammal and 400 bird species. Visit one of the most popular watering holes to see some of the local residents!

Board the train and travel through one of the longest stretches of straight track in the world. Later, gather for afternoon tea.

Day 9 | Zimbabwe

**Rise early for a safari at Hwange National Park.**

*Safari*: After disembarking in Kennedy Siding, go on a game drive at The Hide, a private concession in Hwange National Park. This park, known for its natural beauty, is home to more than 100 mammal and 400 bird species. Visit one of the most popular watering holes to see some of the local residents!

Meet your ranger and tracker, who accompany you on game drives, and begin a quest to spot the Big Five: Cape buffalo, elephant, leopard, lion and rhino.

Day 10 | South Africa

Enjoy a full day riding through beautiful country. Pass Bela-Bela, the hot springs resort once known as Warmbaths. The train overnights at Pyramid.

Day 11 | Pretoria | Johannesburg

**Disembark in Pretoria and transfer to Johannesburg.**

**AHI Connects**: Soweto. Visit the townships of Soweto, and see the homes of Nelson Mandela and Archbishop Desmond Tutu. In Kliptown, learn about a youth program that offers tutoring and options to play sports and participate in the arts. Meet some of the youth and enjoy a dance performance. Check in to 54 on Bath in Johannesburg.

Day 12 | Hoedspruit | Thornybush Nature Reserve

**Transfer to the airport for your flight to Hoedspruit.**

**Upon arrival, transfer to Thornybush Nature Reserve and check in to the Waterside Lodge.**

**Safari**: Thornybush covers more than 137 square kilometres and is home to 147 species of mammals. Meet your ranger and tracker, who accompany you on game drives, and begin a quest to spot the Big Five: Cape buffalo, elephant, leopard, lion and rhino.

Day 13 | Thornybush Nature Reserve

**Each morning begins with a wakeup call at dawn.**

Meet on the deck and climb into your safari vehicle.

**Safari**: It may seem quiet as the sun starts its journey across the sky, but there is plenty of animal activity. Many animals are just waking up and preparing to search for breakfast! Others are winding down after a night on the prowl and looking for a place to sleep or a spot to eat. Cheetahs and leopards begin to hunt as diurnal animals settle down for the evening and nocturnal animals begin theirs. As the sun sets, the sky turns orange, orange, red—giants of the land are on the move.

**Free Time**: Spend the rest of the morning at your leisure. Perhaps visit the spa or relax with a book.

**Enrichment**: The Animals of Thornybush.

**Safari**: Get a different perspective as you see diurnal animals settling down for the evening and nocturnal animals beginning theirs. As the sun sets, celebrate your day with a round of sundowners.

Day 14 | Thornybush Nature Reserve

**Safari**: Each game drive is a unique experience forged by the time of day, the weather and the locale. Your tracker and ranger are experts in finding animals on the reserve. They know the thickets where giraffes nibble at the treetops, the open veld where zebra graze and much more.

**Free Time**: Spend a leisurely morning at the lodge.

**Safari**: Your ranger and tracker are knowledgeable about the wildlife and plants in the park. Today, you may scout out popular watering holes, where four-legged and feathered residents gather. Celebrate your journey at a festive Farewell Dinner.

Day 15 | In Transit

All passengers depart for Hoedspruit Airport, where the Land Program ends. AHI FlexAir passengers board their flight to Johannesburg.

**Day 16 | In Transit**

Arrive in your gateway city.

**EXTEND YOUR STAY**

**In Cape Town | 2 Nights**

**Pre-Trip**

See page 37

**Accommodations**

(with baggage handling)

- **3 nights** in Cape Town, South Africa, at the Belmond Mount Nelson Hotel.
- **2 nights** in Victoria Falls, Zimbabwe, at the Victoria Falls Hotel.
- **3 nights** aboard Rovos Rail.
- **1 night** in Johannesburg at 54 on Bath.
- **3 nights** in Thornybush Nature Reserve at the Waterside Lodge.

**Transfers**

- Flights from Cape Town to Victoria Falls and Johannesburg to Hoedspruit.
- Train from Victoria Falls to Pretoria.
- Deluxe motorcoach transfers during the Land Program, plus baggage handling.

**Extensive Meal Program**

- 12 breakfasts, 8 lunches and 7 dinners, including a Farewell Dinner; tea or coffee with all meals, plus wine with dinner. All beverages are complimentary aboard Rovos Rail.
- Opportunities to sample authentic cuisine and local flavours.

**Your One-of-a-Kind Journey**

- **Small group**: Sized just right at 28 guests.
- **Discovery excursions** highlight the local culture, heritage and history.
- **Expert-led Enrichment programs** enhance your insight into the region.
- **AHI Connects**: Local immersion.
- **ELECTIVE** activities to pursue your individual interests.
- Welcome Reception to mingle with fellow travellers.
- Tipping of Cape Town and Soweto excursion guides and drivers.

**DEPARTURES & PRICING**

January 26 – February 10, 2020

**Full Pullman Price**

$7,745

**Special Savings**

$250

**Special Pullman Price**

$7,495*

*Special price available for a limited time only. Call for details.

VAT is an additional $495 per person.

The Deluxe category is an additional $1,000 per person.

Occupancy and do not include air transportation costs (unless otherwise stated).

Single prices are available upon request (limited availability).

**Note**: Itinerary sequence and/or scheduled events may change. Walking is required on many excursions. Flights and Transfers provided for AHI FlexAir participants. Electives available at an additional cost.

Above right upper: Rovos Rail | Above right lower: Elephants, Chobe National Park
In modern cities and centuries-old ruins, discover the diversity of Southeast Asia on a passage through Singapore, Thailand, Malaysia and Cambodia, wondrous countries imbued with historic riches and diverse cultures. Explore Singapore’s Malaysian and Chinese roots. Take a two-night train journey to Bangkok aboard the elegant Eastern & Oriental Express. Marvel at Bangkok’s treasured temples and discover local life along its colourful waterways. In Cambodia, regard the storied Angkor temples, an unforgettable experience. This journey will renew your spirit while helping you gain a deeper understanding of these captivating destinations.
• **Countryside Hill Trek.** Visit a plantation to sample freshly made chips, enjoy an uphill walk and learn about the region’s wildlife and ecosystems. **(Active)** Delight in an afternoon of leisure on the train.

**Day 7 | Kanchanaburi, Thailand | Bangkok**

**PYJ | Choose one of these excursions:**

• **Kanchanaburi and Kwai Yai River.** Cruise under the Bridge over the River Kwai and learn about the railway’s history. Visit the North Temple, Chinese Cemetery and the Thailand-Burma Railway Centre.

• **Cycle Tour.** Embark on a bicycle tour to a local farm. Then step into an ancient-style wooden house for a relaxing herbal infusion. **(Active)**

• **Culinary Tour.** Visit a wet market and tour a rice noodle house to learn about traditional Thai cooking. Board a riverboat and sail along the River Kwai.

Disembark in Bangkok. Transfer and check in to the Peninsula Bangkok.

**Day 8 | Bangkok**

**Enrichment: Thailand’s History and Culture.**

**Discovery: Bangkok.** Cruise the Chao Phraya River and Thonburi canals. Marvel at the Grand Palace, the Emerald Buddha Temple and more. Visit the recently restored Thommanon temple. See the extensive gallery of bas-relief murals, one of the temple’s highlights. **AHI Connects: Local Cuisine.** Uncover tasty cuisine with a local family while making rice noodles.

**Free Time:** Enjoy an afternoon at leisure.

**Discovery: Cambodian Circus.** Delight in a show of dance, acrobatics and stories of Khmer culture.

**Free Time:** Explore Siem Reap during free time.

**Day 10 | Siem Reap, Cambodia**

Fly to Siem Reap, Cambodia. Transfer to the Sofitel Angkor Phokeethra Golf and Spa Resort.

**Discovery: Discover Siem Reap.** Encounter Siem Reap in a tuk-tuk and visit an arts and dance centre.

**Day 11 | Siem Reap**

**Discovery: Angkor Wat.** Thrill to the astounding treasures of Angkor Wat, one of Cambodia’s most culturally significant places. See the extensive gallery of bas-relief murals, one of the temple’s highlights. **AHI Connects: Local Cuisine.** Uncover tasty cuisine with a local family while making rice noodles.

**Free Time:** Enjoy an afternoon at leisure.

**Discovery: Cambodian Circus.** Delight in a show of dance, acrobatics and stories of Khmer culture.

**Free Time:** Explore Siem Reap during free time.

**Day 12 | Siem Reap**

**Discovery: Angkor Thom, Thommanon and Ta Prohm.** Explore Angkor Thom and see the imposing Bayon temple. Witness the haunting Ta Prohm and visit the recently restored Thommanon temple.

**Free Time:** Explore Siem Reap during free time.

**Day 13 | In Transit**

Transfer to the airport for the return flight to your gateway city.

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**Accommodations**

(with baggage handling)

- 2 nights in Singapore at the deluxe Shangri-La Hotel.
- 2 nights aboard the deluxe Eastern & Oriental Express.
- 3 nights in Bangkok, Thailand, at the deluxe Peninsula Bangkok.
- 3 nights in Siem Reap, Cambodia, at the deluxe Sofitel Angkor Phokeethra Golf and Spa Resort.

**Transfers**

- Train, flight to Siem Reap and all deluxe motor coach transfers in the Land Program, plus baggage handling.

**Extensive Meal Program**

- 10 breakfasts, 6 lunches and 3 dinners, including a Farewell Dinner; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavours.

**Your One-of-a-Kind Journey**

- Small group: Sized just right at 28 guests.
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- Choose from a selection of PERSONALIZE YOUR JOURNEY | PYJ excursions.
- AHI Connects: Local immersion.
- ELECTIVE activities to pursue your individual interests.
- Welcome Reception to mingle with fellow travellers.
- Tipping of guides and drivers.
- Complimentary travel mementos.

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**DEPARTURES & PRICING**

**March 22 – April 4, 2020**

<table>
<thead>
<tr>
<th>Full Pullman Price</th>
<th>$7,245</th>
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<tbody>
<tr>
<td>Special Savings</td>
<td>$250</td>
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<tr>
<td>Special Pullman Price</td>
<td>$6,995*</td>
</tr>
</tbody>
</table>

*SPECIAL PRICE AVAILABLE FOR A LIMITED TIME ONLY. CALL FOR DETAILS.

VAT is an additional $495 per person.

The State category is an additional $1,100 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single prices are available upon request (limited availability).

**Note:** Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

**Flights and Transfers provided for AHI FlexAir participants.**

**Electives available at an additional cost.**

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**AHI CONNECTS**

- **Sala Rim Naam.** Immerse yourself in Thai culture during a dance show and dinner.

- **Ayutthaya.** Visit the Bang Pa-In Palace, a summer residence for Thailand’s kings. In the ancient capital of Ayutthaya, view brick ruins, lion guardian statues, Buddha figures and other artifacts. Then board a boat to cruise back to Bangkok. Enjoy a lunch of authentic cuisine on board.

- **Siem Reap.** Encounter Siem Reap in a tuk-tuk and visit an arts and dance centre.
Ireland
Wild Atlantic Way

Inspiring Moments
➢ Take in Achill Island’s majestic, untamed beauty, from moorlands to verdant mountains to magnificent shoreline.
➢ Feel the animated pulse of life in vibrant and colourful Galway.
➢ Delight in romantic Kylemore Abbey, nestled along a lakeshore in the Connemara mountains.
➢ Explore warm and welcoming Westport, home to traditional music and Irish food at its best.
➢ Stand before weathered tombs over 5,000 years old in Carrowmore Megalithic Cemetery.
➢ Marvel at the sensational, rugged, cliff-lined coastal scenery along Ireland’s Wild Atlantic Way.

From remote Achill Island to lively Galway, feast your eyes on the untamed beauty of Ireland’s western coast. Nestled along the green hillsides, you’ll discover inviting villages, historic abbeys and ancient monuments on this seven-night adventure, based in welcoming Westport. See Achill Island’s mountains, admire Connemara’s stark beauty and watch border collies command their herd at a family-owned farm. In Galway, sample sweet and savoury artisan treats on a culinary tour. Learn about the poetry of Yeats, Ireland’s artistic heritage, and more with local experts.

Day 1 | In Transit
Depart for Shannon, Ireland.

Day 2 | Shannon, Ireland | Westport
Transfer to the Westport Plaza Hotel.

Discovery: Westport. Take a short walking tour to get acquainted with your home base of Westport. Tonight, at the hotel, join your fellow travellers at a Welcome Reception and Dinner.

Day 3 | Achill Island
Enrichment: A Vision of Ireland. A local artist and art history lecturer shares how Irish culture and history are reflected in the works of its major artists.

Discovery: Ireland’s Rugged Beauty. Explore remote Achill Island, the largest off County Mayo’s Currane Peninsula, noted for its wild beauty and pristine beaches. Visit the Deserted Village at Slievemore, a haunting reminder of Ireland’s pastoral history, with more than 80 abandoned stone cottages. Try local specialties at lunch in the village of Keel on Achill Island. In Mulranny, learn how to make Irish coffee and then savour your drink while enjoying picturesque views over Clew Bay.

Day 4 | County Sligo
Discovery: Sligo and William Butler Yeats. Head to County Sligo, known as “Yeats’ Country,” to discover the majestic Irish countryside that so enthralled the legendary poet and Nobel laureate.

Discovery: Megalithic Ireland. Visit intriguing Carrowmore Megalithic Cemetery, the country’s largest Stone Age burial site. Ponder what life must have been like for Ireland’s ancient inhabitants as
you gaze at monuments built over 5,000 years ago. Savour a delicious lunch at a restaurant in Sligo town.

**Enrichment: W.B. Yeats.** Learn about the poetry of Yeats from a Yeats Society Fellow.

At Drumcliff Cemetery, located in the shadow of Benbulben mountain, pay a short visit to the final resting place of William Butler Yeats. Look forward to stunning panoramas that stretch to the horizon as you take a scenic coastal drive along the Wild Atlantic Way near Mullaghmore Head.

**Day 5 | Westport**

**Enrichment: Irish Folklife.** At the County Mayo branch of the National Museum of Ireland, rural traditions come to life through exhibits that reveal the heritage of Irish farming, trades, hunting, crafts, domestic life and more. Gain insights during an engaging talk, and then explore on your own. Enjoy a hearty lunch at a local pub.

**Free Time:** Enjoy your afternoon at leisure.

**Enrichment: Ireland’s Music and Dance.** Delve into the country’s artistic heritage during an interactive exchange with music and dance.

**Day 6 | Galway | Cong**

**Discovery: Galway City.** This spirited city exudes a youthful energy, brimming with live music, street performers and students from the National University of Ireland/Galway. With an expert guide, take a culinary walking tour to visit local artisans, such as chocolatiers, cheese makers and craft brewers, to sample their tasty creations. Afterward, explore the network of mediaeval cobbled streets on your own.

**Discovery: Cong.** Journey to the charming village featured in the movie, “The Quiet Man,” starring John Wayne and Maureen O’Hara. Meander within the splendid grounds of Cong’s Augustinian abbey, founded in the early 12th century.

**Day 7 | Connemara**

**Discovery: Connemara.** Marvel at the starkly beautiful landscape shaped by ancient glaciers that Oscar Wilde described as “savage.” See Croagh Patrick Mountain, where St. Patrick is said to have fasted for 40 days in the fifth century, and the poignant National Famine Memorial.

**AHI Connects: Glen Keen Farm.** Watch frisky border collies maneuver a flock of sheep during a demonstration at this family-owned farm, and chat about sheep farming with a member of the family.

Next, head to the 19th-century Kylemore Abbey, a romantic castle overlooking a pretty lake, where you will tour the house and gardens. End with a visit to the quaint town of Clifden, situated picturesquely between the foothills of the Twelve Bens and the Atlantic Ocean. Return via scenic Inagh Valley.

**Day 8 | Westport**

**Free Time:** Spend your final day at leisure. Hike in the lovely countryside or pedal leisurely along the Great Western Greenway. Other options include a journey to north Mayo to see the Ceidi Fields or cycling the Great Western Greenway. Other options include a journey to North Mayo to see the Ceidi Fields or a short ferry ride to Clare Island.

Celebrate your adventures in Ireland with your fellow travellers at a Farewell Reception and Dinner, featuring local dancers and musicians.

**Day 9 | In Transit**

Transfer to the Shannon airport for the return flight to your gateway city.

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**AHI Connects:**

- Flights and transfers provided for AHI FlexAir participants.
- Tipping of guides and drivers.
- Opportunities to sample authentic cuisine and local flavours.
- Free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Expert-led Enrichment programs enhance your insight into the region.
- AHI Connects: Local immersion.

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**DEPARTURES & PRICING**

**September 5–13, 2020**

| Accommodations (with baggage handling) |
| 7 nights in Westport, Ireland, at the first-class Westport Plaza Hotel. |

**Extensive Meal Program**

- 7 breakfasts, 3 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavours.

**Your One-of-a-Kind Journey**

- **Small group:** Sized just right at 28 guests.
- **Discovery excursions** highlight the local culture, heritage and history.
- **Expert-led Enrichment programs** enhance your insight into the region.
- **AHI Connects:** Local immersion.
- Free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.

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**INCLUDED FEATURES**

- 7 breakfasts, 3 lunches and 3 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavours.
- Free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.

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**NO SINGLE SUPPLEMENT for Solo Travellers**

**Accommodations**

- 7 nights in Westport, Ireland, at the first-class Westport Plaza Hotel.

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- A personal VOX headset to hear your English-speaking guide clearly.

**SUPPLEMENT**

- No single supplement waived for solo travellers!

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**DEPARTURES & PRICING**

**September 5–13, 2020**

| Full Price | $3,445 |
| Special Savings | $250 |
| Special Price | $3,195* |

*Special price available for a limited time only. Call for details.

**All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).**

**Note:** Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

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**Call us at 800.323.7373**
Italian Riviera
featuring Piedmont, Tuscany and the Cinque Terre

Inspirating Moments

▸ Marvel at the intoxicating beauty of the Cinque Terre while cruising on the Ligurian Sea's lapis waters.

▸ Discover the tradition of winemaking during a tasting at Castello di Tagliolo, a castle owned by the same proprietors since 1498.

▸ Explore Lucca, a Tuscan town with magnificent mediaeval splendour.

▸ Indulge in a delicious seafood lunch at a seaside restaurant in Vernazza.

▸ Witness Michelangelo's favourite medium, Carrara marble, at Fantiscritti Quarry.

▸ Learn the secrets of Ligurian cuisine during an intimate cooking class.

▸ Experience two UNESCO World Heritage sites.

From the sparkling Ligurian Sea to sun-drenched beaches to charming towns, join us to discover the exhilarating highlights of the Italian Riviera on this seven-night program. Stay in Sestri Levante, where colourful buildings frame the coastline, and explore the Italian region of Liguria. Cruise to the coastal towns of Portofino and Santa Margherita, and delight in the glorious cliffs and terraces of the Cinque Terre, vistas that will thrill your soul. Explore Lucca's Old Town and tour a quarry in Carrara, home to the ivory marble prized by sculptors. Visit a Renaissance castle nestled in the rolling hills of southern Piedmont, and savour wine varietals at a winery.

Day 1 | In Transit
Depart for Genoa, Italy.

Day 2 | Genoa, Italy | Sestri Levante
Transfer to the Hotel Vis à Vis in Sestri Levante. Get acquainted at a Welcome Reception and Dinner.

Day 3 | Rapallo | Portofino | Santa Margherita
Enrichment: Riviera del Levante — A Painter’s Palette. Learn about the history of this beautiful region that has entranced artists for centuries.

Discovery: Journey through the Riviera. Spend the day discovering the Italian Riviera. Travel the coastal road to Rapallo, a seaside resort adorned with swaying palm trees and hillside villas. Cruise to Portofino, playground of the rich and famous, and witness its charm while strolling along the harbour. After leisure time in Portofino, sail sapphire waters to Santa Margherita and admire the village’s waterfront trove of fishing cottages and the gleaming yachts of visiting jet-setters. Take a break for lunch on your own before enjoying a walking tour. Savour dinner at a restaurant near the beach.

Day 4 | Sestri Levante
Enrichment: A Contemporary View of Italy. Discuss current issues affecting the country.

Discovery: Sestri Levante Walking Tour. A jewel centred snugly in the curve of the Italian Riviera, Sestri Levante is the ideally-located base for your stay in Liguria. A stroll through town provides ample architectural rewards, with converted castles and palazzos displaying styles from Romanesque to Gothic to Renaissance.

Above: Vernazza, Cinque Terre National Park
**Discovery: Italian Cooking Lesson.** Join a local chef for an authentic culinary lesson. Learn how to make pesto alla genovese — a delicious basil sauce — and focaccia, a tasty olive oil bread.

**Free Time:** Indulge in the invigorating atmosphere and culture of this seaside town during leisure time.

**Day 5 | Lucca | Carrara**

**Discovery: Lucca Walking Tour.** The charismatic walled city of Lucca is home to numerous examples of Romanesque architecture, including the Duomo di San Martino. Marvel at breathtaking carvings by Nicola Pisano inside the church. Then follow the storied footsteps of Caesar, Pompey, Crassus and Puccini while exploring Old Town, and witness the Basilica of San Frediano and Church of San Michele.

**Free Time:** Carve your own path through Lucca during time at leisure.

Gather with your group for a delicious lunch.

**Discovery: Exploring Carrara.** Carrara is home to legendary quarries where marble has been extracted for more than 2,000 years. It was here that Michelangelo chose the white blocks he turned into splendid masterpieces. Tour Fantiscritti Quarry and see local artisans in their studios.

**Day 6 | Piedmont**

**AHI Connects: Exploring Piedmont Wine Region.** Travel through the rolling hills of one of Italy’s most renowned wine regions, and visit the mediaeval Castle of Tagliolo. Owned since 1498 by the Marquese Pinelli Gentile family, the castle features a centuries-old wine cellar. Tour the castle, taste wine varieties and savour a flavourful lunch.

**Enrichment: The Cinque Terre – A Tasteful Encounter of Land and Sea.** Delve into the area’s unusual geography, then taste local wine and foods.

**Discovery: The Cinque Terre.** Journey to the dramatic terraced landscapes and colourful villages of Cinque Terre National Park. Visit the ancient Roman seaport of Portovenere. After a guided tour, enjoy some free time before continuing to Manarola, centre of the region’s wine and olive oil production. Then continue by boat to witness the allure of Corniglia and Vernazza from the Ligurian Sea.

**Discovery: A Seaside Lunch.** Take a seat at a waterfront trattoria in Vernazza for a delectable lunch, featuring seafood just plucked from the sea! The Taverna del Capitano serves cucina tipica, traditional cuisine. Minestrone and ravioli, as well as dishes prepared with basil and rosemary, are commonly served at mealtime in this region.

**Free Time:** After lunch, stretch your legs and take a leisurely stroll through Vernazza at your own pace before returning to Sestri Levante by train.

**Day 7 | Cinque Terre**

**Discovery: The Cinque Terre.** Journey to the dramatic terraced landscapes and colourful villages of Cinque Terre National Park. Visit the ancient Roman seaport of Portovenere. After a guided tour, enjoy some free time before continuing to Manarola,

**Day 8 | Sestri Levante**

**Free Time:** Visit local shops for unique souvenirs or gather picnic fixings for a relaxing lunch in one of the village’s many parks or beaches. With the train station nearby, you can also venture further afield if you desire.

Raise a toast to your sun-soaked adventures in the Italian Riviera when you gather for a Farewell Reception and Dinner.

**Day 9 | In Transit**

Transfer to the Genoa airport for the return flight to your gateway city.
Sketches of Sicily
Palermo | Caltagirone | Taormina

**Inspiring Moments**

- Discover ancient Sicilian treasures, and marvel at man-made creations seemingly untouched by time.
- Soak up thespian history at Taormina’s theatre, an ancient treasure set against a backdrop of sapphire coastline and a brooding Mount Etna.
- Sample the region’s delectable pizza after an exclusive cooking demonstration.
- Gaze at intricate Roman floor mosaics—including scenes of mythological sagas and African animals—at Villa Romana del Casale.
- Tour a family-run olive farm and sample the organic olive oil produced on the property.
- Explore former centres of the Elymian civilization: Segesta and Erice.
- Experience five UNESCO World Heritage sites.

As a sun-drenched, cultural crossroads of the world, Sicily abounds with natural beauty, impressive man-made creations seemingly untouched by time, fascinating culture and a vast history spanning 3,000 years. See firsthand how Western, Islamic and Byzantine cultures come together on this historic Mediterranean island, and stand in awe of artifacts and buildings left behind by ancient civilizations. Delve into Sicily’s epic past while staying in western, central and eastern areas of the island, and savour cuisine created with freshly harvested produce. This Sicilian adventure unlocks a fascinating island time capsule filled with centuries of civilization’s treasures.

**DAY-BY-DAY ITINERARY**

**Day 1 | In Transit**
Depart for Palermo, Italy.

**Day 2 | Palermo, Italy**
Transfer to the Mercure Palermo Excelsior City. Tonight, meet your fellow travellers at a Welcome Reception and Dinner.

**Day 3 | Monreale | Palermo**
**Discovery: Monreale and Palermo.** Begin your journey through Sicily, a great cultural crossroads. Visit Monreale’s Santa Maria la Nova, a cathedral with splendid mosaics, and admire views of the Conca d’Oro, the Golden Basin. Continue to Palermo to experience its lively market and visit the impressive cathedral. Step inside the Palatine Chapel in the Norman Palace, see the Arab-Norman domes of Saint John of the Hermits and witness the Teatro Massimo, Italy’s largest theatre.

**Enrichment: Mafia — Past and Present.** Examine the legacy of the Cosa Nostra, the Sicilian Mafia.

**Free Time:** Your evening is at leisure in Palermo.

**Day 4 | Segesta | Erice**
**Discovery: Ancient Segesta.** In Segesta, see a spectacular Doric temple and admire a theatre carved into the side of Mount Barbaro.

**AHI Connects: Olive Oil.** Delight in lunch at an award-winning, family-owned olive farm. Sample fresh olive oil and visit with the welcoming family.

**Discovery: Tour of Erice.** This lovely village, perched high above Trapani harbour, boasts two mediaeval castles and walls that date from the Phoenician era. Marvel at the Romanesque
architecture of the Norman Duomo and stroll through the village’s winding lanes, passing courtyards, fountains and craft shops.

**Free Time:** Craft your own itinerary this evening.

**Day 5 | Agrigento | Caltagirone**

**Discovery: Agrigento and the Valley of the Temples.** Witness a collection of well-preserved ruins in Agrigento. Visit the Valley of the Temples, and see sanctuaries dedicated to Hercules, Concordia and Jupiter. Enjoy lunch overlooking the Valley of the Temples.

Continue to Caltagirone and check in to the Colle San Mauro, an agritourism hotel. Then relax over a dinner featuring organic, locally grown ingredients and homemade wine.

**Day 6 | Piazza Armerina | Caltagirone**

**Discovery: Sicily’s Mosaics and Ceramics.** Visit Piazza Armerina and the Villa Romana del Casale. Marvel at a display of mosaics that depict everything from scenes of daily life to flowers to plants. This visual delight is one of the best examples of Roman mosaics remaining in the world.

Return to Caltagirone for a trolley ride and walking tour. Known for its tradition of creating hand-painted ceramics, many of Caltagirone’s buildings are embellished with colourful ceramic tiles.

**AHI Connects: Sicilian Agriculture.** Discover rural life during a tractor ride around the property and learn about the farm’s operations, including what types of produce and animals are raised here.

**Day 7 | Taormina**

**Discovery: Taormina.** Taormina is situated high atop Monte Tauro. Stroll past the shops and sidewalk eateries along Corso Umberto, the main street, and continue to the ancient Greek theatre.

**AHI Connects: Sicilian Pizza.** Visit a family-owned restaurant to make authentic pizza during a cooking lesson, followed by lunch. Sicily’s home-grown ingredients create flavourful pizza! Check in to the Grand Hotel Atlantis Bay.

**Free Time:** Discover Taormina at your leisure. Perhaps take the funicular down to Mazzarò Bay.

**Day 8 | Syracuse**

**Discovery: Syracuse.** The Archaeological Park features many storied, timeworn ruins including the Roman amphitheatre, where people gathered for gladiator battles, and the Teatro Greco, one of the largest and best-preserved ancient theatres in Sicily. Explore the Old Town on the island of Ortygia. Stroll through the elegant Piazza del Duomo and visit the Duomo, built on the site of the Temple of Athena.

**Day 9 | Taormina**

**Free Time:** Pursue your own interests in Taormina.

**ELECTIVE | Mount Etna and Sicily’s Lemons.** Get an up-close encounter with Europe’s largest active volcano today. Travel to the Silvestri craters and learn about the history of Mount Etna. Then visit a local lemon farm and gain insight into the citrus industry. Meet the farm’s owners and have lunch. Celebrate your Sicilian adventure with your fellow travellers over a Farewell Dinner.

**Day 10 | In Transit**

Transfer to the Catania airport for the return flight to your gateway city.
Day 1 | In Transit
Depart for Ljubljana, Slovenia.

Day 2 | Ljubljana, Slovenia
Transfer to the InterContinental Ljubljana.
Gather with your fellow travellers for a Welcome Reception, followed by a Welcome Dinner.

Day 3 | Ljubljana
Enrichment: Slavs and the Holy Roman Empire.
Gain insight into Slovenia’s fascinating history from the sixth century through the early 19th century.

Discovery: Ljubljana Walking Tour and Cruise.
Discover this trendy city as you walk by Congress Square, the University of Ljubljana and the Ljubljana Cathedral. Witness Ljubljana’s Old Town, including an array of baroque, Renaissance and art nouveau architecture, pause to browse the Central Market and visit Prešeren Square, the city’s popular main square that features the pink Franciscan Church of the Annunciation. Discover the city from another vantage point during a cruise on Ljubljanica River, a serene waterway bordered with weeping willows, trendy outdoor cafes and pastel-hued buildings, and skim beneath legend-laden bridges.

Free Time: Your afternoon is at leisure.
Gather for dinner tonight in a local establishment.

Day 4 | Lake Bled
Discovery: Alluring Lake Bled.
This pristine setting of Alpine mountains, a swan-filled lake and a fairy-tale castle will make your heart swell. Ride aboard a pletna, a flat-bottomed boat, to Bled Island, home to the Church of the Assumption.

Slovenia, a small country tucked between Austria, Hungary and Croatia, enchants visitors with soaring mountains, cosmopolitan cities, shimmering lakes and a fascinating culture. Embrace Ljubljana’s warm personality, and journey to beautiful Lake Bled and seaside villages abundant with Adriatic breezes. Discover authentic cuisine on a culinary tour, and taste farm-fresh fare at an apiary and local winery.

Active Travel
Excursions on this program require:
- walking distances of up to 1.6-4.8 kilometres
- walking on cobblestones, unpaved paths and/or uneven surfaces
- getting on/off motor coaches and boats
- navigating stairs and inclines/declines

Inspiring Moments
- Fall under Ljubljana’s bewitching spell and linger by its emerald-green river, fabled bridges and whimsical cafes.
- Indulge in Ljubljana’s food scene while sampling traditional Slovene favourites during a food and wine tour.
- Be captivated by beautiful Lake Bled where a fairy-tale isle and hilltop castle are cradled by snow-dusted Alps.
- Uncover fascinating legacies and lore at Predjama Castle, dramatically built into a towering cliff.
- Soak up Mediterranean sun and Venetian architecture in the gorgeous coastal cities of Portorož and Piran.
- Witness noble Lipizzaner horses at the world-renowned Lipica Stud Farm.
- Savour rich wine while learning about Slovenia’s wine-making traditions.

Above: Ljubljana Castle overlooking the Ljubljanica River
of Mary and a fabled 16th-century wishing bell. Return to shore and visit a bee farm to gain insight into Slovenia’s thriving apiculture industry. With over 10,000 beekeepers spread across the country, Slovenia is aptly referred to as the “cradle of bee-keeping.” Learn about the Carniolan bee and discover the variety of products produced with their honey. Then marvel at sweeping vistas of the blue lake from above at cliff-top Bled Castle. Dine on regional favourites during dinner.

**Enrichment: Slovene National Awakening.** Gather for an in-depth discussion about the national movement that called for a United Slovenia.

**Day 5 | Postojna | Predjama**

**Discovery: Postojna Cave and Predjama Castle.** At Postojna Cave, ride a mini-train into an expansive karst cavern, passing stalactites, columns and other rock formations, and learn about the ecosystem. During a guided walking tour, cross the Russian Bridge to witness the cave’s famous stalagmite. Continue to Predjama Castle, an 800-year-old Renaissance fortress built dramatically under a cliff. Explore the castle’s interior and maze-like passages, and listen to amusing stories about the knight Erazem, one of the castle’s owners. Enjoy delicious fare during a group lunch.

**Day 6 | Portorož | Piran | Lipica**

**Discovery: The Slovene Coast and Lipica.** Succumb to the allure of the coast beginning at Portorož, the “Port of Roses.” Stroll along its lovely seaside promenade, dotted with colourful umbrellas, outdoor cafes and chic boutiques. In Piran, a fishing village with a well-preserved mediaeval centre, discover Venetian-style architecture and witness Gabrieli Palace and Tartini Square. Enjoy time at leisure for lunch and exploring Piran. Continue to Lipica Stud Farm, Europe’s oldest stud farm. Learn about this noble equine breed, known for their dressage skills and impressive jumps, and watch horses perform during a training session. Savour traditional cuisine during dinner tonight.

**Day 7 | Logarska Dolina | Žiče**

**Discovery: Alpine Slovenia.** Journey through the Alpine glacial valley of Logarska Dolina, passing the Kamnik-Savinj Alps and flower-filled meadows. At Logarski Kot, a mountain hut and restaurant, enjoy remarkable views and sample traditional cuisine. Then take a guided tour of Žiče Charterhouse, a Carthusian monastery founded around 1155 by the Margave of Styria Ottokar III. Continue to a nearby winery to indulge in Slovenia’s storied viniculture and local flavours. Enjoy a delectable lunch and wine tasting. Group will enjoy remarkable views and sample traditional cuisine.

**Day 8 | Ljubljana**

**Enrichment: Yugoslavia and the Republic of Slovenia.** Join a local expert to learn about Slovenia’s modern society and its economic future. **AHI Connects: Ljubljana Food and Wine.** Join a local expert to savour authentic cuisine. Sample traditional dishes and locally produced wines while learning about Slovenia’s food culture.

**Free Time:** Your final afternoon is at your leisure. Raise a toast to your adventure at a Farewell Reception and Dinner tonight.

**Day 9 | In Transit**

Transfer to the airport for the return flight to your gateway city.

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**DEPARTURES & PRICING**

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<th>Month</th>
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- **Special Savings:** $250
- **Special Price:** $3,295*  

*Savan price available for a limited time only. Call for details.

- VAT is an additional $295 per person.
- All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).
- Single supplement waived for solo travellers! This offer is limited, capacity-controlled and tends to sell out quickly.
- **Note:** Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.
- Flights and transfers provided for AHI FlexAir participants.
Spain
Andalucía | In a Parador

Day-by-Day Itinerary

Day 1 | In Transit
Depart for Málaga, Spain.

Day 2 | Málaga, Spain | Antequera
Transfer to the Parador de Antequera.
Tonight, at the parador, get acquainted with your fellow travellers at a Welcome Reception and Dinner.

Day 3 | Antequera
Discovery: Ancient Antequera.
Witness Europe’s most striking megalithic monuments, the Menga and Viera dolmens, a UNESCO World Heritage site. Ponder the incredible labor and skill required to build these enormous stone burial chambers. Then take a guided walk in Antequera. Begin at the Alcazaba, the Moorish fortress, and admire sweeping vistas of Antequera. Visit the Real Colegiata de Santa María la Mayor, a 16th-century church, and see other landmarks in the old town. Enjoy lunch in town.

Free Time: Set your own agenda this afternoon.

Enrichment: Andalucía and the Moorish Influence.

Day 4 | Granada
Discovery: Granada & Palace City.
Travel to Granada to visit the stunning Alhambra, the Moorish fortress and palace complex. It was built in the 13th and 14th centuries by the kings of the Nasrid dynasty who sought to create their own paradise on earth. In the Palacios Nazaries, see the Court of the Myrtles, the Hall of the Ambassadors, the Court of the Lions, and more. Visit the castle, and stroll amid the gardens of Generalife. Within the Alhambra, relax over lunch at the Parador de Granada’s restaurant.

Experience romantic southern Spain on a seven-night journey in Andalucía. Stay in a modern parador in Antequera, and discover the history of Al-Andalus, as this region of Spain was known during eight centuries of Moorish control. Examine the influence of Moorish culture, along with Christian and Jewish influences, on the region’s art, architecture and cuisine while appreciating its contemporary culture. See the courtyards and fountains of the Alhambra in Granada, the iconic arches of La Mezquita in Córdoba and the imposing Alcázar in Sevilla. From beautiful Ronda perched above the El Tajo Gorge to a spirited flamenco, embrace the best of Andalucía.

Inspiring Moments
▶ Ponder the influence of the Moors as you explore the enthrancing Alhambra.
▶ Feel the passion in the soulful dancing and singing of a flamenco performance.
▶ Immerse yourself in the charm of Antequera, an off-the-beaten-path gem known for its religious architecture and its beautiful natural setting.
▶ Marvel at the stunning view of El Tajo Gorge in Ronda.
▶ Delight in the majestic architecture of the cathedral and Alcázar in Sevilla.
▶ Sip a glass of wine at an organic winery as you savour your adventure in Andalucía.
▶ Experience four UNESCO World Heritage sites.
Day 5 | Sevilla
Discovery: Sevilla. Journey to Sevilla, the cultural heart of southern Spain. On a panoramic/walking tour, visit the magnificent Plaza de España, adorned with colourful ceramics. Then step inside the grand Cathedral of Sevilla, the world’s largest Gothic building. Next, visit the splendid Real Alcázar, a 10th-century Moorish palace that later became a Spanish royal residence. See the centuries-old bullring and Torre del Oro, the Moorish watchtower near the Guadalquivir River. Finish with a walk through the charming Barrio de Santa Cruz.

Free Time: Find a nice spot for lunch on your own before returning to Antequera.

Day 6 | Ronda
Enrichment: Bullfighting Traditions.
Discovery: Ronda. Spectacularly set on the edge of El Tajo Gorge high above the open countryside, Ronda is a showstopper and the largest of the region’s “pueblos blancos,” or white towns. Visit the Iglesia de Santa María la Mayor, a church built on the site of a mosque. Then stand in the famed sandstone bullring, Plaza de Toros, inaugurated in 1785, and discover more about this iconic Spanish tradition at the museum on-site. Delight in an unforgettable view over El Tajo from the terrace of Casa de San Juan Bosco.

AHI Connects: Bodega Joaquín Fernández.
Sit with a glass of wine and take in the gorgeous scenery at the vineyard of this organic winery. Your visit includes a wine tasting and lunch.

Day 7 | Córdoba
Discovery: Córdoba. Explore the great mosque, La Mezquita, containing the finest examples of Moorish architecture in Spain. After the city was recaptured by the Spanish, a cathedral was built inside the complex in the 16th century. Its most spellbinding feature is the superb hall with 856 columns made from marble, granite, jasper and onyx connected by striped arches. See the Roman bridge, and walk in the atmospheric Jewish quarter, filled with winding streets and whitewashed homes.

Free Time: Make your own plans for lunch and exploration in Córdoba.

Enrichment: Contemporary Spain.
This evening, dine on traditional dishes at a restaurant in Antequera.

Day 8 | Antequera
Free Time: Spend the day at leisure in Antequera, or join one of today’s activities.

Elective | Torcal & Olive Oil Experience.
Visit a family-owned olive oil mill and learn how olive oil is made. Savour a delicious brunch featuring the mill’s olive oil. Then drive through the unique limestone landscape of El Torcal Nature Reserve. You can also opt to take a complimentary, round-trip shuttle to vibrant Málaga and explore on your own. Tonight, celebrate your time in the south of Spain at a Farewell Reception and Dinner in the parador. During a special performance, relish the passion and precision of flamenco, Spain’s renowned art form.

Day 9 | In Transit
After breakfast, transfer to the Málaga airport for the return flight to your gateway city.

DEPARTURES & PRICING

September 17-25, 2020

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*Special Price valid if booked by date on the address panel.
VAT is an additional $295 per person.
All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

**Single supplement waived for solo travellers!** This offer is limited, capacity-controlled and tends to sell out quickly.

**Note:** Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

**Electives available at an additional cost.**

Accommodations
(with baggage handling)
- 7 nights in Antequera, Spain, at the first-class Parador de Antequera.

Extensive Meal Program
- 7 breakfasts, 3 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavours.

Your One-of-a-Kind Journey
- Small group: Sized just right at 28 guests.
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- AHI Connects: Local immersion.
- Elective activities to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.

NO SINGLE SUPPLEMENT for Solo Travellers

INCLUDED FEATURES

- Accommodations (with baggage handling)
- 7 nights in Antequera, Spain, at the first-class Parador de Antequera.
- Extensive Meal Program
- 7 breakfasts, 3 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavours.
- Your One-of-a-Kind Journey
- Small group: Sized just right at 28 guests.
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- AHI Connects: Local immersion.
- Elective activities to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.

Call us at 800.323.7373
Swiss Alps & the Italian Lakes

Inspiring Moments

- Witness majestic scenery carved by ancient glaciers aboard the historic Bernina Express, the highest rail crossing in the Alps.
- Indulge in the cosmopolitan ambience of St. Moritz, a jet-set resort town.
- Cruise on Lake Como, where golden sunlight dances across azure waters.
- Stroll through beautiful botanic gardens while listening to the melodies of birds on the Borromean Islands.
- Wind your way over the stunning Maloja Pass, passing a canvas of pristine lakes and picture-perfect villages.
- Gaze at Leonardo’s incredible “The Last Supper” while visiting Milan.
- Discover the secrets of northern Italy’s cuisine during a cooking lesson.
- Experience two UNESCO World Heritage sites.

From the bewitching glory of St. Moritz, Switzerland, to the Italian Lakes — fall in love with two beautiful, culturally distinct countries. Begin in the mountain resort of St. Moritz and journey by train to colourful Zuoz. Gaze at dramatic vistas of snowy peaks aboard the Bernina Express during your ride to Tirano. Explore Tremezzo, sitting on the shores of Lake Como, and cruise to Bellagio and the town of Como, celebrated for their captivating allure. Stroll through flourishing gardens in the Borromean Islands, witness da Vinci’s spectacular “The Last Supper” in Milan, and learn culinary secrets of Piedmontese cuisine at a local restaurant.

Day-by-Day Itinerary

**Day 1 | In Transit**
Depart your gateway city for Zürich, Switzerland.

**Day 2 | Zürich, Switzerland | St. Moritz**
Transfer to the Schweizerhof St. Moritz Hotel. Enjoy a Welcome Reception and Dinner tonight.

**Day 3 | St. Moritz | Zuoz**
**Enrichment: Essential Switzerland.** Discuss the iconic and unique elements of Swiss culture.
**Discovery: St. Moritz and Zuoz Walking Tours.** Take a walking tour of St. Moritz, and witness daily life at local shops. Travel via train to Zuoz, a pretty Upper Engadine village, and discover its lovely cobblestone main square adorned with flowers and fountains, a quintessential Swiss setting.

**Free Time:** Uncover St. Moritz at your leisure. Walk around the lake or explore the local food scene.

**Day 4 | Bernina Express | Tirano, Italy | St. Moritz**
**Discovery: Bernina Express.** Wind your way from craggy mountain peaks to palm-lined streets during a train ride to Tirano, Italy. The Bernina Express travels along one of Europe’s most impressively engineered rail routes. Enjoy lunch in Tirano before returning to St. Moritz via motor coach.
**Enrichment: Meet the People.** Learn about life in the Swiss Alps during a discussion with residents.

**Day 5 | St. Moritz**
**Free Time:** Craft your own adventures today. You may wish to hike on nearby trails or relax lakeside. Join your fellow travellers for dinner this evening.

Above: St. Moritz
Day 6 | Stresa, Italy

After breakfast, travel to Stresa, Italy.

**Discovery: The Road to Stresa.** Journey through the Alps along the Maloja Pass, taking in views of sparkling glacial lakes, rivers and Swiss villages. Arrive in Tremezzo, Italy, sitting on the shore of Lake Como. Board a boat for a cruise to Bellagio, a village with flower-adorned sidewalks and buildings painted in shades of cream and butterscotch. Enjoy lunch in Bellagio before cruising to the town of Como, relishing floral-scented breezes and stirring vistas of elegant villas nestled within gardens and pine forests. Disembark in Como and continue to Stresa via motor coach.

After checking in to the Hotel La Palma, dine on delicious northern Italian cuisine for dinner.

Day 7 | Borromean Islands

**Enrichment: Italy’s Lake District.** Discover how this region became one of Europe’s favourite retreats.

**Discovery: The Borromean Islands.** Uncover the 16th-century legacy of the aristocratic Borromeo family today. Begin with a cruise on Lake Maggiore aboard a private motorboat to Isola Madre, and enjoy a guided visit of its impressive English-style garden graced with exotic flowers and rare plants. Then embrace the rustic charm of Isola dei Pescatori, where narrow streets are lined by the houses of the fishermen and families who call this island home. Finally, visit Isola Bella, the “Beautiful Island,” extolled by writers over the centuries. Explore its 17th-century baroque palace and summerhouse that is home to a mosaic grotto and a collection of art and antiques, by writers over the centuries. Explore its 17th-century baroque palace and summerhouse that is home to a mosaic grotto and a collection of art and antiques, and walk through hanging gardens embellished with Greek and Roman statuary.

**Enrichment: Golden Age of the Renaissance.** Delve into the genius of Michelangelo and da Vinci, tracing their influences on sculpture and painting.

Day 8 | Milan

**Discovery: Exploring Milan.** Travel to Milan, one of the world’s fashion capitals. Inside the Church of Santa Maria delle Grazie, witness Leonardo’s “The Last Supper,” which is painted on the wall of a dining hall in the monastery’s refectory. Then visit the Museo Teatrale alla Scala, located inside one of the world’s leading opera and ballet theatres where Puccini’s “Madame Butterfly” was first performed, and visit the Duomo, a magnificent cathedral built by artisans from across Europe.

**Free Time:** Craft your own path through Milan during leisure time. Explore the chic boutiques of the Galleria Vittorio Emanuele II or discover inimitable city views from the roof of the Duomo.

Day 9 | Stresa

**AHI Connects: The Piedmontese Kitchen.** Journey into the hills to a family-owned restaurant and learn to prepare some delicious and proudly authentic Piedmontese dishes. This traditional cuisine is based around using locally produced foods. Characteristic dishes may include ingredients such as truffles, gnocchi and risotto. Your tasty meal is complemented by panoramic views of the lake.

**Free Time:** Enjoy your final afternoon at leisure. Gather to celebrate your wonderful journey at a Farewell Reception and Dinner.

Day 10 | In Transit

Transfer to the Milan airport for the return flight to your gateway city.
Connect with the wild nature and warm culture of Chile — a land known for poets, penguins and, of course, Patagonia’s striking landscape — on this nine-night adventure of a lifetime. Take in Santiago’s modern and colonial architecture and see palaces, museums and more. Meet cowboys on a Chilean ranch, and indulge in an authentic barbecue, paired with local music and dance. On Chiloé Island, peek at penguins in their natural habitat. Then surrender yourself to the icy mountain splendour of Patagonia’s famed national parks. Cruise a fjord to see glaciers up close, and tour the spectacular Torres del Paine National Park, a UNESCO Biosphere Reserve.

Huaso, a traditional Chilean cowboy

**Day 1 | In Transit**
Depart for Santiago, Chile.

**Day 2 | Santiago, Chile**
Arrive and transfer to the Hotel Cumbres Lastarria.

**Enrichment: Chilean History.**
Gather for a Welcome Reception and Dinner tonight.

**Day 3 | Santiago**

**Discovery: Santiago.** Explore this stimulating city noted for its colonial and modern architecture. At the Museo de la Memoria y los Derechos Humanos, grasp the human cost of the country’s turbulent past through moving exhibits about the human rights violations of Chile’s military dictatorship from 1973–1990. Later, on a scenic tour, admire the Palacio de la Moneda and the palm-lined Plaza de Armas, a central hub since 1541. Linger in hip Bellavista, buzzing with cafés and art galleries. The acclaimed Nobel laureate poet, Pablo Neruda, once resided in this bohemian barrio, or neighbourhood.

**Free Time:** Set off into other Santiago barrios this afternoon and make your own plans for lunch.

**Enrichment: Contemporary Chile.**

**Day 4 | Puerto Montt | Puerto Varas**
Depart for the airport and fly to Puerto Montt. Then transfer to Puerto Varas and check in to the Enjoy Puerto Varas Hotel overlooking the shores of Lake Llanquihue in Chile’s enchanting Lake District.

**Enrichment: The History of the Patagonia.**

**Day 5 | Chiloé Island**

**Discovery: Chiloé Island.** Ferry to this picturesque
island and stop in Chacao to stroll through its quaint square and see its local church. In Ancud, visit a local museum to learn how the island’s wooden churches, built by 17th-century Spanish Jesuit missionaries, were constructed. Next, observe Humboldt and Magellanic penguins from a boat that takes you close to their natural habitats.

Day 6 | Puerto Varas

AHI Connects: Chilean Ranch Visit. Meet huasos, Chile's cowboys, who will display their rodeo horsemanship. Later, feast on freshly grilled dishes at a Chilean barbecue, then celebrate with folk music and a cuenca, the national dance.

Free Time: The rest of your day is at leisure.

Day 7 | Puerto Montt | Punta Arenas | Puerto Natales

Transfer to Puerto Montt’s airport and fly to Punta Arenas. Upon arrival, transfer to the Hotel Costaustralis in Puerto Natales.

Day 8 | Puerto Natales

Discovery: Balmaceda and Serrano Glaciers. Soak up vistas of emerald hillsides, waterfalls and mountains as you cruise on the Ultima Esperanza Fjord to view Balmaceda, a hanging glacier. Then, take an invigorating walk amid the unspoiled beauty of Bernardo O’Higgins National Park to see the spiky Serrano glacier. Savour lunch at a Patagonian ranch, and cruise back to Puerto Natales.

Day 9 | Torres del Paine National Park

Discovery: Torres del Paine National Park. Spectacular scenery awaits you on a scenic drive in this expansive park, a UNESCO Biosphere Reserve. Its astonishing landscape encompasses glaciers, rolling valleys, turquoise lakes, snowcapped summits and the craggy granite peaks, the Torres del Paine (pronounced pine-ay), or Towers of Paine. An abundance of wildlife adds to the park’s allure, including Andean condors, tawny guanacos and ostrich-like birds called Lesser Rheas. Hear the roaring Salto Grande waterfall and visit the Milodón Cave. Stop for lunch along your route.

Day 10 | Punta Arenas | Santiago

Discovery: Punta Arenas. See this historic port city’s landmarks on a panoramic tour. Transfer to the airport and fly to Santiago. Check in to the Hotel Cumbres Lastarria. This evening, gather for a Farewell Dinner in honour of your memorable Chilean adventure!

Day 11 | Santiago

Free Time: Create your own agenda in Santiago or join today’s Elective Activity.

ELECTIVE: Valparaíso and Viña del Mar. Relish quirky, oceanside Valparaíso, a UNESCO World Heritage site, as you see historic squares and delight in its cerros, or hills, packed with a jumble of colourful houses, funiculars and bold street art. Ride up Cerro Bellavista with free time for lunch and exploring. Then travel to pretty Viña del Mar, a favourite Chilean vacation getaway, known for its broad beaches and manicured gardens. Tonight, transfer to Santiago’s airport for your return flight to Santiago.

Day 12 | In Transit

Arrive home in your gateway city.

Accommodations
(with baggage handling)
- 3 nights in Santiago, Chile, at the first-class Hotel Cumbres Lastarria.
- 3 nights in Puerto Varas at the deluxe Enjoy Puerto Varas Hotel.
- 3 nights in Puerto Natales at the first-class Hotel Costaustralis.

Transfers
- All transfers in the Land Program: flights and motor coaches, plus baggage handling.

Extensive Meal Program
- 9 breakfasts, 4 lunches and 4 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine with dinner.
- Opportunities to sample authentic cuisine and local flavours.

Your One-of-a-Kind Journey
- Small group: Sized just right at 28 guests.
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- AHI Connects: Local immersion.
- ELECTIVE activities to pursue your individual interests.
- Welcome Reception to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

DEPARTURES & PRICING

January 15-26, 2020

Full Price $4,745
Special Savings $250
Special Price $4,495*  
**Special price available for a limited time only. Call for details. VAT is an additional $395 per person.

*All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional $895 (limited availability).

Note: Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

Fights and transfers provided for AHI FlexAir participants.

Electives available at an additional cost.
Legends of the Nile
Cairo | Luxor | Nile River Cruise

Inspiring Moments

► Discuss what you are most curious about with your Egyptologist while exploring together at ancient sites.
► Gaze in wonder at the colossal statues of Ramses II at the Great Temple in Abu Simbel.
► Stand in awe in a hushed hall of the Egyptian Museum, surrounded by towering monuments and dazzling treasures.
► Marvel at the Great Pyramid in Giza, the only remaining Wonder of the Ancient World.
► Revel in the delightful hubbub of Cairo’s old bazaar, where bargaining is elevated to sport.
► Delight in the natural beauty along the Nile’s banks, a contrast of fertile green valleys and desert beyond.
► Experience four UNESCO World Heritage sites.

ACTIVE TRAVEL
Excursions on this program require:
► walking on unpaved paths and/or uneven surfaces
► getting on/off motor coaches and boats
► tolerating varying climactic conditions

DAY-BY-DAY ITINERARY

Day 1 | In Transit
Depart for Cairo, Egypt.

Day 2 | Cairo, Egypt
Upon arrival, transfer to the Four Seasons Hotel Cairo at Nile Plaza.

Day 3 | Cairo
Discovery: Egyptian Museum. See the world’s most comprehensive collection of Egyptian artifacts, spanning 5,000 years of antiquity. Marvel at the glittering treasures from the tomb of Tutankhamen, including his magnificent gold funerary mask. Gather for a Welcome Reception at the hotel.

Day 4 | Sakkara | Giza | Cairo
Discovery: Sakkara. In this vast necropolis, visit the Mastaba of Mereruka, the Pyramid Tomb of King Teti and the Step Pyramid of Djoser, considered the first pyramid. Break for lunch at a nearby hotel.

Discovery: The Pyramids of Giza. View the Great Pyramid of Giza, built for the pharaoh Khufu out of roughly 2.3 million massive blocks of stone. Stand before the mesmerizing Sphinx that crouches nearby. In the Solar Boat Museum, see a cedar vessel thought to be over 4,500 years old.

Day 5 | Cairo
Discovery: Islamic and Coptic Cairo. Discover the city’s many mosques, churches and temples. Enter the Citadel, a mediaeval Islamic fortress, to visit the Mosque of Mohammed Ali. Continue to the grand Al-Rifai Mosque. Visit the Hanging Church; the Church of St. Sergius; and the historic Ben Ezra Synagogue.

Feluccas sailing the Nile

Above: The Sphinx and the Pyramids of Giza


Day 6 | Cairo | Luxor
Check out of the hotel and fly to Luxor.

Discovery: Luxor Museum. Experience the glory of ancient Thebes as you admire artifacts collected from its temples and necropolis. Check in to the Sonesta St. George Hotel Luxor.

Discovery: The Temple of Luxor. Drift along the Nile aboard a felucca boat, then tour Luxor Temple.

Day 7 | Luxor
After breakfast, check out of the hotel.

Discovery: Luxor’s West Bank — The Valleys of the Kings and Queens. Visit this spellbinding region, where New Kingdom pharaohs and their families awaited immortality. Explore several tombs, including that of King Tutankhamen. Walk up the ramp that leads into the striking Temple of Queen Hatshepsut. Afterward, stop at an alabaster workshop. Visit the tomb of Amun-her-Khepeshef, and gaze up at the majestic Colossi of Memnon. Embark the Sonesta St. George I, and enjoy lunch.

Discovery: The Epigraphic Survey, Oriental Institute, University of Chicago (The Chicago House). On an exclusive visit, see how the Chicago House preserves Egypt’s ancient heritage through documentation, conservation and restoration. Enjoy a belly-dancing performance this evening.

Day 8 | Karnak | Cruising the Nile
Discovery: The Temple of Karnak. Visit this royal burial place which includes a great hypostyle hall with 134 gigantic sandstone columns. After lunch on board, watch from the rail as the ship passes through the Esna Lock, then enjoy free time.

Day 9 | Cruising | Edfu | Kom Ombo
Relax on deck at leisure this morning, and relish the Nile scenery unfolding around you en route to Edfu.

Discovery: The Temple of Horus at Edfu. Visit this well-preserved shrine. Its reliefs offer details about ancient religious rituals and political life. This afternoon, the ship sails to Kom Ombo. After lunch, enjoy an engaging talk with an Egyptologist.

Discovery: Temple of Sobek and Haroeris. Admire this unusual, symmetrical, double temple complex; one side is dedicated to the crocodile-headed Sobek, god of fertility, and the other to the falcon-headed Haroeris, god of the sky. Tonight, enjoy a traditional Nubian show on the ship.

Day 10 | Aswan | Abu Simbel | Aswan
The ship docks in Aswan, where it remains for the day. After breakfast, fly to Abu Simbel.

Discovery: Abu Simbel. Visit the Great Temple of Ramses II, a colossal monument. Marvel at the incredible engineering skills required to reconstruct it at its present site near the Nile. Admire the Temple of Hathor, one of Egypt’s best preserved temples. Fly back to Aswan, and enjoy some free time.

This evening, delight in a festive Farewell Reception and Dinner on board the ship.

Day 11 | Aswan | Cairo
After breakfast, disembark the ship.

Discovery: The Temple of Philae and Aswan High Dam. Board a felucca and sail to the island temple complex of Philae, dedicated to the goddess Isis. Afterward, learn about the ancient process of handcrafting papyrus at the Papyrus Institute. Continue to the High Dam, an engineering marvel built in the 1960s to help control the Nile’s flooding. Fly to Cairo. Relax in your evening room at the InterContinental CityStars Cairo before an early morning departure for your connecting flights home.

Day 12 | In Transit
Very early this morning, transfer to the airport for the return flight to your gateway city.

Accommodations
(with baggage handling)
- 4 nights in Cairo, Egypt, at the deluxe Four Seasons Hotel Cairo at Nile Plaza.
- 1 night in Luxor at the first-class Sonesta St. George Hotel Luxor.
- 4 nights aboard the deluxe Sonesta St. George I.
- 1 night in Cairo at the first-class InterContinental CityStars Cairo.

Transfers
- All transfers in the Land/Cruise Program: flights and deluxe motor coaches, plus baggage handling.

Extensive Meal Program
- 10 breakfasts, 8 lunches and 5 dinners, including a Farewell Dinner on board the ship; wine with dinner.

Your One-of-a-Kind Journey
- Small group: Sized just right at 28 guests.
- Discovery excursions highlight the local culture, heritage and history.
- Knowledgeable, licensed Egyptologist accompanies you on all excursions.

Included Features
- Local immersion.
- Free time to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of drivers and personnel at itinerary stops.
- Complimentary travel mementos.

DEPARTURES & PRICING

January 28 – February 8, 2020

Full Price From $5,245

Special Savings $250

Special Price From $4,995*

*See page 34 for complete category pricing.

*Special price available for a limited time only. Call for details.

Flights and transfers provided for AHI FlexAir participants.
Cruise Provence & Burgundy

featuring Avignon, Lyon & Beaune

Alumni Campus Abroad®

Inspiring Moments

▸ Savour the romance of river cruising through a landscape of bucolic countryside, flourishing vineyards and lavender-scented foothills.

▸ Delight in Lyon, a metropolis replete with scenic parks, riverside paths and a beautiful, historic old town.

▸ Sip world-class Burgundian wines in Beaune, the capital of Burgundy’s celebrated wine industry.

▸ Follow in the footsteps of ancient Romans and brave gladiators in the historic monuments of Arles.

▸ Witness medieval Avignon, a city that once served as the capital of Christianity.

▸ Experience five UNESCO World Heritage sites.

Day-by-Day Itinerary

Day 1 | In Transit
Depart your gateway city for Marseille, France.

Day 2 | Marseille, France | Arles
Transfer to the pier and embark the MS Van Gogh. Gather this evening for an onboard Welcome Reception and Dinner to kick off your river journey.

Day 3 | Arles | Camargue Nature Park
Enrichment: The History of Provence and the Rhône River. Join a local speaker to discuss the importance of the Rhône River.

Discovery: Arles Walking Tour. Extraordinary Roman and Romanesque monuments fill Arles. Les Arènes, the ancient amphitheatre, testifies to the city’s status within the Roman Empire. See the Roman theatre, the ruins of the Baths of Constantine and the Place du Forum. Then admire the Cathedral of St. Trôphime and its 12th-century portal.

Discovery: Camargue Safari. Encompassing the Rhône River delta, these wetlands are a protected habitat for more than 270 species of birds, including flamingos, egrets and herons. The Camargue also is famous for its white horses that have lived in this region for thousands of years.

Day 4 | Avignon
Enrichment: The Avignon Papacy. Delve into the 68-year period during the 14th century when Roman Catholic popes abandoned Rome for Avignon.

Discovery: Avignon Walking Tour. Experience Avignon, nestled along the Rhône River. Admire the façade of the 17th-century Chapelle de l’Oratoire. Continue to Saint-Agricol Church, the oldest church.

Above: Palace of the Popes, Avignon
Enjoy a nighttime cruise along the river.

Lyon has many treasures to share!

Free Time:
- A tasting of Lyon’s famous products.
- Visit the mediaeval Pont Saint-Benezet.
- And the papal apartments. From the outside terrace, you can witness the mediaeval Pont Saint-Benezet.
- Test your testament to Roman engineering prowess.
- The ancient aqueduct in the Provençal countryside, a true wonder of unspoiled beauty with a natural arch gateway.
- Travel to this spectacular deep canyon, a scenic wonder that earned the city its UNESCO World Heritage status.

Day 5 | Viviers
- Choose one of these excursions:
  - Côte du Rhône: Witness France’s second largest appellation, a sun-kissed landscape steeped with rich history and a storied wine culture.
  - Gorges de l’Ardèche: Delight in a panoramic tour to this spectacular deep canyon, a scenic wonder of unspoiled beauty with a natural arch gateway.

Day 6 | Lyon
- Choose one of these excursions:
  - Panoramic Lyon: Get to know Lyon, one of France’s most vibrant cities, on a panoramic tour. See many of the sights that have earned the city its UNESCO World Heritage status.
  - Lyon Bike Tour: Take a leisurely bike ride through Lyon while your guide regales you with legends, and enjoy a tasting of Lyon’s famous products. (Active)
  - Free Time: Craft your own itinerary this afternoon. Lyon has many treasures to share! Enjoy a nighttime cruise along the river.

Day 7 | Macon | Cluny | Chalon-sur-Saône
- Discovery: Benedictine Abbey of Cluny.
  Travel to the walled town of Cluny, a quintessential Burgundian town. Delight in its endearing, storybook atmosphere as you continue to Cluny Abbey.
  This Benedictine abbey was once home to more than 10,000 monks and it also was the mother abbey for more than 1,200 priories across Europe. Return to the ship for a lunch of regional flavours.

Day 8 | Chalon-sur-Saône | Beaune
- Disembark the ship in Chalon-sur-Saône and take a scenic drive to Beaune.
- Discovery: Beaune Walking Tour. Journey by motor coach through the Côte de Beaune, a wine region known for producing delicious and complex white wines. In Beaune, stroll along cobbled streets, passing ramparts and inviting squares. Visit the Hôtel-Dieu, or the Hospices de Beaune, a 15th-century building with an intricately designed, multicoloured tiled roof. The hospital also owns nearly 60 hectares of vineyards that produce excellent wines, and it holds an annual wine auction to support its charitable mission. Enjoy a delicious tasting of these famous wines.
- Celebrate at a Farewell Reception and Dinner.

Day 9 | In Transit
- Transfer to the Lyon airport for your return flight to your gateway city.

EXTEND YOUR STAY
in Lyon | 2 Nights
See page 37

INCLUDED FEATURES

Accommodations
(with baggage handling)
- Unpack once and cruise for 7 nights aboard the exclusively chartered, first-class MS Van Gogh.

Extensive Meal Program
- 7 breakfasts, 6 lunches and 7 dinners, including Welcome and Farewell Dinners; all drinks included on board except special wines and spirits.
- Opportunities to sample authentic cuisine and local flavours.

Your One-of-a-Kind Journey
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- Choose from a selection of PERSONALIZE YOUR JOURNEY | PYJ excursions.
- ELECTIVE activities to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

DEPARTURES & PRICING

October 3-11, 2020

| Full Price | From $3,945 |
| Special Savings | $250 |
| Special Price | From $3,695* |

*See page 35 for complete category pricing.

*Special price available for a limited time only. Call for details.

VAT and Port Tax supplement is an additional $395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travellers! This offer is limited, capacity-controlled and tends to sell out quickly.

Note: Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

Electives available at an additional cost.

Above: Lyon | Above right: Hôtel-Dieu, Beaune
Cruise the Rhine River
Amsterdam to Basel

Inspiring Moments

▷ Float along Amsterdam’s leafy canals, past enchanting gabled houses of the Dutch Golden Age.
▷ Witness the awe-inspiring Cologne Cathedral, a true Gothic masterpiece.
▷ Sail through the spellbinding Rhine Valley with its forested hills crowned by castles.
▷ Delight in charming Grande Île, the historic heart of Strasbourg.
▷ Cast your eyes across sweeping views from atop Oberwesel’s fortified mediaeval walls.
▷ Savour the natural beauty along the shores of Lake Titisee in the fabled Black Forest region.
▷ Experience five UNESCO World Heritage sites.

Embrace a journey that takes you along one of Europe’s most storied waterways. On this seven-night cruise, discover iconic destinations along the Rhine River aboard the MS Amadeus Star. Glide through the Rhine Valley, where mediaeval castles nestle into the vine-laced hills. Explore Amsterdam, the Netherlands’ most intriguing city, and beautiful Cologne, Germany. Tailor the experience to your interests by choosing from included cultural and active excursions, such as wine tasting and bicycling, in Amsterdam, Oberwesel, Speyer and Breisach; you’ll even venture into France on excursions offered in Strasbourg.

DAY-BY-DAY ITINERARY

Day 1 | In Transit
Depart for Amsterdam, Netherlands.

Day 2 | Amsterdam, Netherlands
Transfer to the pier and embark the MS Amadeus Star.

Enrichment: Contemporary Europe.

Discovery: Canals of Amsterdam. Board a canal cruiser to admire the city’s architectural gems.

Day 3 | Amsterdam
PYJ | Choose one of these excursions:
• Rijksmuseum. Visit this acclaimed museum, home to masterpieces by Rembrandt, Vermeer and other renowned artists.
• Waterland Bicycle Ride. Pedal with a guide through this lush, scenic wetland of small fishing villages and stunning views. (Active)
• Jordaan District Walking and Food Tour. In this hip district, pop into local eateries and shops to sample tasty, classic Dutch snacks and treats. Get better acquainted with your fellow travellers at the Captain’s Welcome Reception and Dinner.

Day 4 | Cologne, Germany

Discovery: Cologne. Stroll to see the old town’s landmarks, and marvel at the majestic cathedral. After your walk, shop or linger in a quaint café.

Day 5 | Rhine Gorge | Oberwesel
Today, sail through the beautiful Rhine Gorge.

Enrichment: Castles and Legends of the Rhine.

Discovery: Frühschoppen. On board, delight in this delectable German treat: a frothy beer,
paired with fresh pretzels, sausages and mustards.

After cruising through a portion of the Rhine Gorge, the ship docks in Oberwesel this afternoon.

**PYJ | Choose one of these excursions:**
- **Wines of the Rhine.** Visit a local winery and try some of the fine wines produced here.
- **A Walk in Time.** On an invigorating walk, traverse the ancient town walls, towers and stairwells that lead to breathtaking views of Oberwesel. *(Active)*

After the excursions, enjoy some local music and entertainment. Sail on through the Rhine Gorge.

**Day 6 | Speyer**

**PYJ | Choose one of these excursions:**
- **Speyer Walking Tour.** With a guide, see the city’s highlights, including the Romanesque cathedral.
- **Heidelberg Castle and Town.** Visit the red-walled castle and take in scenic views of the Neckar Valley, then enjoy an easygoing walk through the old town.
- **Hike Heidelberg’s Philosopher’s Way.** Hike up this famous winding path. Relax in the Philosopher’s Garden, take a snack break and relish the scenic views of the castle and old town. *(Active)*

**Day 7 | Strasbourg, France**

**PYJ | Choose one of these excursions:**
- **Strasbourg Panorama.** Delight in the city’s unique blend of German and French influences. See Palais Rohan, St. Thomas Church and the European Parliament buildings. Learn about the historic centre on a guided walk, and visit Notre Dame Cathedral.
- **Strasbourg Canal Cruise and Petite France Walking Tour.** Discover the rich heritage of the enchanting Petite France quarter by boat and on foot. Visit Notre Dame Cathedral along the way.
- **Culinary Strasbourg.** Sample traditional dishes and wines as you explore the city’s winstub (small wine pubs) and other local cafés and shops. Visit Notre Dame Cathedral during your walk.

**Free Time:** Craft your own plans in Strasbourg.
A complimentary shuttle between the ship and the city centre will be available.

**PYJ | Choose one of these excursions:**
- **Riquewihr and the Wines of the Alsace.** Stroll through this captivating, mediaeval Alsatian town on a guided tour and sample local vintages at a winery.
- **Breisach and Freiburg.** Walk through pretty Breisach, full of pastel-coloured houses and cobbled lanes. Next, head to Freiburg and explore the lively Augustinerplatz, and see the Freiburg Münster, the historic 11th-century cathedral.
- **Black Forest Adventure.** Marvel at breathtaking Lake Titisee on a leisurely cruise. After your cruise, go for a swim or meander through the town.

The ship cruises to Basel, Switzerland.

This evening, share in a festive Farewell Reception and Dinner.

**Day 9 | In Transit**

After breakfast, transfer to the Zürich airport for the return flight to your gateway city.

**DEPARTURES & PRICING**

**July 12-20, 2020**

<table>
<thead>
<tr>
<th></th>
<th>Full Price</th>
<th>Special Savings</th>
<th>Special Price</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>From $3,345</td>
<td>$250</td>
<td>From $3,095*</td>
</tr>
</tbody>
</table>

*Special price available for a limited time only. Call for details.

VAT and Port Tax supplement is an additional $395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travellers! This offer is limited, capacity-controlled and tends to sell out quickly.

Note: Itinerary sequence and/or scheduled events may change. Walking is required on many excursions.

**Flights and Transfers provided for AHI FlexAir participants.**

**Electives available at an additional cost.**

**Accommodations**
- Unpack once and cruise for 7 nights aboard the exclusively chartered, first-class MS Amadeus Star.

**Extensive Meal Program**
- 7 breakfasts, 6 lunches and 7 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus wine, beer or soft drinks with lunch and dinner.
- Opportunities to sample authentic cuisine and local flavours.

**Your One-of-a-Kind Journey**
- Discovery excursions highlight the local culture, heritage and history.
- Expert-led Enrichment programs enhance your insight into the region.
- Choose from a selection of PERSONALIZE YOUR JOURNEY | PYJ excursions.
- Elective activities to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travellers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides and drivers.
- Complimentary travel mementos.

**Included Features**
- Enrichment programs
- Expert-led Discovery excursions
- Complimentary travel mementos
- Batteries and power strips for all outlets
- Handheld walking sticks
- Complimentary shuttle between the ship and city centre will be available.

**Note:** See page 36 for complete category pricing.

Special price available for a limited time only. Call for details.

VAT and Port Tax supplement is an additional $395 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travellers! This offer is limited, capacity-controlled and tends to sell out quickly.
PRICING & DECK PLANS

Legends of the Nile | Land | River Journey

<table>
<thead>
<tr>
<th>Category-Deck</th>
<th>Full Price</th>
<th>Special Savings</th>
<th>Special Price*</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-Lower</td>
<td>$5,245</td>
<td>$250</td>
<td>$4,995</td>
</tr>
<tr>
<td>B-Middle</td>
<td>$5,645</td>
<td>$250</td>
<td>$5,395</td>
</tr>
<tr>
<td>A-Upper</td>
<td>$5,945</td>
<td>$250</td>
<td>$5,695</td>
</tr>
</tbody>
</table>

All cabins feature double-glass panoramic French windows.

*Special price available for a limited time only. Call for details.

VAT and Port Tax supplement is an additional $395 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single accommodations are an additional $1,595 (limited availability).
## Cruise Provence and Burgundy  | River Journey

<table>
<thead>
<tr>
<th>Category-Deck</th>
<th>Full Price</th>
<th>Special Savings</th>
<th>Special Price*</th>
</tr>
</thead>
<tbody>
<tr>
<td>D-Main (Aft)</td>
<td>$3,945</td>
<td>$250</td>
<td>$3,695</td>
</tr>
<tr>
<td>C-Main (Forward)</td>
<td>$4,245</td>
<td>$250</td>
<td>$3,995</td>
</tr>
<tr>
<td>B-Upper (Aft)</td>
<td>$4,645</td>
<td>$250</td>
<td>$4,395</td>
</tr>
<tr>
<td>A-Upper (Forward)</td>
<td>$4,845</td>
<td>$250</td>
<td>$4,595</td>
</tr>
</tbody>
</table>

Category A features a floor-to-ceiling sliding glass door and French balcony. Category B features a picture window.

*Special price available for a limited time only. Call for details.

VAT, Port Tax and Service supplement is an additional $395 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

Single supplement waived for solo travellers! This offer is limited, capacity-controlled and tends to sell out quickly.

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**MS Van Gogh**

Left: MS Van Gogh lounge
Above: MS Van Gogh cabin
Below: MS Van Gogh
## Cruise the Rhine River | River Journey

<table>
<thead>
<tr>
<th>Category-Deck</th>
<th>Full Price</th>
<th>Special Savings</th>
<th>Special Price*</th>
</tr>
</thead>
<tbody>
<tr>
<td>E-Haydn (Mid Aft)</td>
<td>$3,345</td>
<td>$250</td>
<td>$3,095</td>
</tr>
<tr>
<td>D-Haydn (Midship)</td>
<td>$3,445</td>
<td>$250</td>
<td>$3,195</td>
</tr>
<tr>
<td>C-Strauss (Aft)</td>
<td>$3,745</td>
<td>$250</td>
<td>$3,495</td>
</tr>
<tr>
<td>B-Strauss (Midship)</td>
<td>$3,845</td>
<td>$250</td>
<td>$3,595</td>
</tr>
<tr>
<td>A-Mozart</td>
<td>$4,145</td>
<td>$250</td>
<td>$3,895</td>
</tr>
<tr>
<td>Suite-Mozart (Midship)</td>
<td>$4,645</td>
<td>$250</td>
<td>$4,395</td>
</tr>
</tbody>
</table>


*Special price available for a limited time only. Call for details.

VAT and Port Tax supplement is an additional $395 per person. All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated).

**Single supplement waived for solo travellers!** This offer is limited, capacity-controlled and tends to sell out quickly.

---

**MS Amadeus Star**
(Christened in 2019!)
(sister ship of MS Amadeus Silver III)

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*Left: MS Amadeus Silver III*
*Above: MS Amadeus Silver III cabin | Below: River Terrace*
**ELECTIVE EXTENSIONS**

We have designed extensions on several of our programs to allow you to craft your individual travel experience.

{ The programs on which each extension is offered are indicated in brackets. }

---

### Each Extension Includes:

- All features described in the itinerary overviews.
- Centrally located, first-class or deluxe accommodations.
- Services of an AHI Travel Director and AHI Hospitality Desk.
- Transfers between the ship and the hotel or between hotels with baggage handling, where applicable.
- Guide and driver gratuities.
- All taxes and service charges.
- Free time to explore on your own.

---

### Amsterdam | 2 Nights

{ Cruise the Rhine River }

Extend your time in this vibrant, laidback city! Your ideally situated hotel is the perfect base for venturing out into Amsterdam’s alluring neighbourhoods and enjoying its world-class museums and attractions. Stroll through the Old Harbour and learn about Dutch nautical heritage at the National Maritime Museum.

$895 per person, double occupancy | $1,345 single occupancy.

---

### Cape Town | 2 Nights

{ Journey to Southern Africa }

Enjoy more of vibrant Cape Town with a two-night extension. Unwind at the deluxe Belmond Mount Nelson Hotel, and embark on a full-day tour of the Cape Winelands, South Africa’s famous wine region. Tour the vineyard’s cellar and savour a wine and cheese pairing, followed by lunch and a visit to the delightful, historic town of Stellenbosch.

$1,095 per person, double occupancy | $1,550 single occupancy.

---

### Lyon | 2 Nights

{ Cruise Provence and Burgundy }

Discover Lyon’s spectacular personality! Stay in a luxurious hotel located along the Rhône River in the heart of this French culinary capital. Join a local guide for a food tour through the UNESCO-classified Vieux Lyon district, tasting Lyonnaise specialties and learning about the city’s exceptional food culture.

$795 per person, double occupancy | $1,170 single occupancy.

---

### Interlaken | 2 Nights

{ Cruise the Rhine River }

Immerse yourself in the incredible natural beauty of Switzerland’s Bernese Oberland while staying at the deluxe Victoria-Jungfrau Grand Hotel & Spa. Take a guided tour of Bern, and enjoy time at leisure to explore this gorgeous region on your own.

$950 per person, double occupancy | $1,350 single occupancy.
Let us arrange your flights for you

AHI FlexAir

Our experts are ready to assist you in booking flights. Our personalized air program offers the following advantages:

- A price guarantee to protect you from fuel surcharge increases after ticket purchase
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- Flexibility to change or cancel your reservations without penalty up to 60 days before departure on most flights
- Assistance in the event of schedule changes or delays
- Flight insurance worth up to $250,000, subject to policy terms

Travel stress-free with AHI FlexAir.

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- Ensure your spot on our most popular programs with advance booking opportunities.
- Receive priority service through a dedicated toll-free number and email address.
- Save hundreds of dollars through special Travel Insider offers.

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- Priority room assignments when possible
- $100 savings on business class upgrades through select carriers
- No deviation fees
- Exclusive gifts and travel mementos

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AHI Travel is the premier operator of deluxe educational travel programs. We have been connecting travellers to the people, places and cultures of the world for more than 55 years. Our experienced, professional staff has offered the highest level of service in innovative travel programs since 1962.

**A pledge from AHI Travel**

In our care, you can rely on:

- **An exceptional travel value** impossible for an independent traveller to arrange at a comparable price
- **Preferred access** to local sites
- **Experienced Travel Directors** who attend to every detail of your journey
- **Expert local guides** with extensive knowledge and personal insight about the region
- **Freedom to customize** your experience and pursue your own interests
- **Safety and security** with professional staff on hand to provide assistance

“We are hard pressed to think of a time when we believe we got more value for our dollar than our experience with AHI. ... The tour itself was so well designed. ... The AHI guides specific to the various outings were professional and demonstrated expertise in their areas. We were able to do, see and learn so much. AHI’s planning, implementation and attention to detail were stellar throughout.”

– Deborah and Adrienne
Amalfi Coast | 2015
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