Dynasties of China and Tibet

Yangtze River • Himalayas

Beijing ♦ Xi’an ♦ Lhasa ♦ Shanghai

October 10 to 25, 2020
Dear Alumni and Friends,

The magisterial mountains, sublime lakes and emerald rice paddies of China and Tibet are steeped in centuries-old civilizations. Relics of ancient China, the oldest continuous civilization in history, span thousands of years, from the Terra Cotta Warriors of the Qin Dynasty to the Forbidden City of the Ming Dynasty. A spirit of enlightenment and a reverence for ancestral customs echo through diverse cities.

Join us on this exceptional, custom-designed journey encompassing the breadth of China and including Tibet, with three nights in the Himalayan “Roof of the World.” Walk along the seemingly infinite Great Wall weaving through mist-enshrouded mountains; journey through the serene Three Gorges carved by the Yangtze River; and discover two of the world's most revered spiritual sanctums, the Potala Palace and the Jokhang Temple, outstanding embodiments of Tibetan spiritualism. Experience the rich coalescence of ancient culture and modern vitality in the historical neighbourhoods of Old Shanghai, the imperial dignity of Beijing's Forbidden City, the dynastic treasures of Xi’an and the wondrous Tibetan Buddhist city of Lhasa.

Ideally located Five-Star hotels have been carefully selected, including Shanghai’s legendary Fairmont Peace Hotel and the renowned Peninsula Beijing. Our three-night cruise aboard the deluxe Victoria Jenna travels the fabled Yangtze River from Chongqing to Maoping through captivating landscapes, monumental port cities and the dramatic scenery of the Three Gorges.

Visit eight UNESCO World Heritage sites during specially arranged, included excursions accompanied by experienced, English-speaking guides. Enjoy a private boat tour on the secluded Goddess Stream in the Wu Gorge and visit the extraordinary engineering marvel of the Three Gorges Dam. Engage with the people and traditions of China and Tibet to understand the true essence of this modern-day earthly paradise.

The rich seams of antiquity await you on this small-group program. Reserve now while Early Booking Savings and space are still available, as this comprehensive program sells out quickly.

Sincerely,

Guy Larocque
Executive Director, University of Saskatchewan Alumni Association
Beijing, China
The former city of the Mongol, Ming and Manchu emperors, Beijing is one of China’s oldest citadels, replete with well-preserved, legendary sites and relics of imperial history. This thriving city of more than 21 million people is the country’s cultural and spiritual heart and the ideal introduction to the dynamic narrative of ancient China.

Visit the UNESCO World Heritage-designated Great Wall of China, a symbol of imperial grandeur since 500 B.C. Constructed over the course of 2000 years, this imposing fortification once spanned more than 21,000 kilometres. From this impressive border, marvel at sweeping views of China’s northern plains and valleys.

Walk through historic Tiananmen Square, the expansive home to the memorial of modern China’s founder, Mao Zedong. Then, pass through the crimson Meridian Gate into the hallowed UNESCO World Heritage-designated Forbidden City, the residence of Ming and Qing dynasty emperors for almost 500 years. Inside, ascend the three-tiered marble terrace of the delicately hewn Hall of Supreme Harmony. Explore ceremonial halls and royal apartments layered in gilded rosewood and playful dragon carvings.

A veritable masterpiece of Chinese landscaping and a UNESCO World Heritage site, the Summer Palace was the lakeside retreat of 19th-century Empress Dowager Cixi. Admire jewel-encrusted furniture in her private apartments and see her ornate Marble Boat. Then, cruise by small boat across Kunming Lake’s tranquil waters, which, along with Longevity Hill, form the key aesthetic features of the Summer Palace gardens.

See Chinese cosmogeny extraordinarily rendered in the Temple of Heaven, a UNESCO World Heritage-designated complex of religious buildings symbolizing the classic relationship between heaven and Earth.

**Itinerary**

1. Depart Canada/
2-4 Beijing, China/
5 Beijing/Fly to Xi’an/
6 Xi’an/
7 Xi’an/Fly to Lhasa, Tibet/
8-9 Lhasa/
10 Lhasa/Fly to Chongqing, China/Embark Victoria Jenna/
11 Cruising the Yangtze River/Shibaozhai/
12 Three Gorges/Cruising the Goddess Stream and Three Lesser Gorges/
13 Maoping/Disembark ship/Three Gorges Dam/Yichang/Fly to Shanghai/
14-15 Shanghai/
16 Shanghai/Depart China/

Cover photo: Cruise through the Three Gorges of the Yangtze River, the world’s third longest river.

Photo this page: Though they represent the unified expression of a political system, the Terra Cotta Warriors are carved with striking individuality.
Xi’an
Ancient Chang’an, known today as Xi’an, was China’s cosmopolitan capital for 11 dynasties. This fabled launching point of the Silk Road embraced many of the world’s great religions and caravans distributed goods and influence to the world.

Tour the Yangling Imperial Tomb, where thousands of figurines excavated from the 2100-year-old tomb of Emperor Liu Qi capture the essence of daily life during the Han dynasty.

Visit the famous UNESCO World Heritage site of the life-size Terra Cotta Warriors, no two alike. In 1974, farmers digging a well unearthed this incredible archaeological discovery, an army of terracotta figures and horses maintaining a silent vigil over the tomb of Emperor Qin Shi Huang (259-210 B.C.).

This visionary monarch, the first ruler of a unified China, introduced a standardized writing system, reformed the legal code and commenced construction of the Great Wall. His tomb remains unexcavated, guarded by manifold charioteers, cavalry and horses. Each warrior bears his own distinctive, lifelike expression and trappings denoting his official rank.

In Xi’an, walk along the best-preserved medieval walls in China. Built during the Ming dynasty, the 12-metre-high walls feature flanking towers, tunnels and a watchtower at each corner. Explore the lively Huimin quarter, infused with the heritage of merchants who travelled the Silk Road 1300 years ago. A wealth of important sites and relics recall Xi’an’s extraordinary history as the imperial capital between 1000 B.C. and A.D. 1000. See the triple-eaved Bell and Drum Towers, where watchmen once signaled dawn and dusk with a bell and a drum, respectively.

Enjoy a traditional jiaozi (dumpling) dinner in a famous Xi’an restaurant.

Lhasa, Tibet
One of the world’s highest elevated cities at nearly 3,700 metres, Lhasa has been a captivating centre of Tibetan Buddhism since the seventh century. The Historic Ensemble of Potala Palace, Norbulingka Palace and Jokhang Temple, all UNESCO World Heritage sites, is framed by the elemental beauty of the Tibetan Plateau, the “Roof of the World.”

The Potala Palace dates from the seventh century and is a breathtaking vision; the palace’s fortress walls rise 13 stories above the 30-metre-high Marpo Ri (Red Hill). See the ornately carved and painted ceremonial hall and throne of the Dalai Lama in the 17th-century White Palace. Up the mountain, visit the opulent chapels of the Red Palace which house the jewel-laden tombs of previous Dalai Lamas.

Five-Star Hotels

The Peninsula, Beijing, provides luxurious suites in an ideal location near the Forbidden City and Tiananmen Square.

Hilton, Xi’an, located within the ancient city walls, offers contemporary amenities and is in close proximity to the city’s cultural highlights.

Shangri-La, Lhasa, affords stunning views of the Himalayas and Potala Palace.

Fairmont Peace Hotel, Shanghai, is a beautifully restored, landmark hotel on the Bund waterfront.
Just outside the city, the 15th-century Sera Monastery, one of the great educational centres of Gelugpa, or Yellow Hat—the most widespread order of Tibetan Buddhism—once housed more than 5000 monks.

Eighteenth-century Norbulingka Palace, built by the seventh Dalai Lama, contains the lush “Jeweled Park,” the largest garden in Tibet. Constructed in A.D. 647, the towering Jokhang Temple—Tibet’s most sacred building—bears a palpable air of veneration.

Outside the temple complex, fragrant incense perfumes the air while silk robes and turquoise jewelry line the cobbled alleys of bustling Barkhor Square—the only remaining Tibetan enclave in the city—where monks spin prayer wheels and chant mantras.

Lhasa’s only female Buddhist monastery, the Canggu Nunnery, is an oasis amid Barkhor’s activity. The residents welcome visitors to wander the brightly hued courtyards and listen to their rhythmic recitations.

**Chongqing, China**

Located at the confluence of the Yangtze and Jialing Rivers, this mountain city is known for its traditional teahouse culture and spicy Szechuan cuisine. In Chongqing’s zoo, see playful giant pandas in specially designed gardens simulating their natural habitat.

**Yangtze Cruise**

Three Gorges/Three Lesser Gorges/Three Gorges Dam

Cruise for three days aboard the Victoria Jenna amid the natural grandeur of the Three Gorges. The Yangtze River carves its way through the enigmatic mountainscapes and bamboo groves of the Three Gorges—Qutang, Wu and Xiling.

Visit Shibaozhai, “Precious Stone Fortress,” a rocky promontory on the river’s north bank. Built into its side is the graceful Pearl of Yangtze, a 12-tiered, red wooden pagoda rising 56 metres to a towering summit.

Pass through Kui Gate, the twin-peaked threshold into Qutang, the most dramatic of the Three Gorges. Admire the quiet beauty and sheer white cliffs of forest-flanked Wu Gorge, where the legendary Twelve Peaks crown misty Wu Mountain. Float gently through the hushed harmony of the Goddess Stream by private small boat and cruise through spectacular Xiling en route to the Three Gorges Dam.
The deluxe Victoria Jenna, custom-designed by a U.S. architectural firm, provides modern cruise comfort on the Yangtze River.

The 189 spacious, river-view Suites and Cabins, decorated in contemporary Chinese and Western styles, feature sliding glass doors that open onto a private balcony, perfect for viewing the stunning Three Gorges. Each also has air conditioning, a private bathroom with bathtub/shower, telephone, satellite television with English and international channels, safe, closet and hair dryer.

The Dynasty Restaurant serves breakfast, lunch and dinner featuring Chinese and Western cuisine with fresh local ingredients. Complimentary house wine and beer are included with lunch and dinner, while coffee, tea and soft drinks are available throughout the cruise.

For your leisure time on board enjoy two lounges, three bars, an Observation Deck, a library, Wi-Fi access in the Executive Lounge (conditions permitting), a gift shop, a spa and beauty salon and a fitness room. Shipboard entertainment and exercise programs feature traditional Chinese culture. There is a doctor on board. Laundry service is available.

The highly trained, English-speaking crew provide personalized, amiable service. Gratuities to shipboard personnel are included.

From Maoping, visit the largest water conservancy project ever undertaken, the Three Gorges Dam. Considered a key to China's modernization, it is the world's largest power station.

Shanghai
The metropolis of Shanghai is a rousing blend of innovation and tradition. Across the fabled Huangpu River, see the bold high-rises and broad avenues of Pudong, Shanghai's pulsing financial centre.

Tour the renowned Shanghai Museum, which houses a collection of ancient coins, including rare pieces from the central Asian kingdoms along the Silk Road. Visit the historical French Concession, the Chinese Old Quarter and the tranquil YuYuan Gardens, featuring many tea houses, canals and shops. The rooftop of the Five-Star Fairmont Peace Hotel provides the ideal setting for the Farewell Reception, framed with breathtaking views of the city skyline.
Included Features

In Beijing, China
- Three nights in the Five-Star Peninsula Beijing.
- Full Western breakfast each morning.
- Welcome Reception and Peking duck dinner.
- Visit to emotive Tiananmen Square.

In Xi’an
- Two nights in the Five-Star Hilton Hotel, located within the ancient city walls.
- Full Western breakfast each morning.
- Visit to the Yangling Imperial Tomb Museum to see figurines from the Han Dynasty.
- Tour of old Xi’an, including the city’s inner walls and the ancient Huimin quarter.
- Traditional dumpling (jiaozi) dinner.

In Lhasa, Tibet
- Three nights in the Five-Star Shangri-La Hotel.
- Full Western breakfast each morning, one dinner featuring traditional Tibetan music and two lunches.
- Excursion to the 15th-century Sera Monastery.
- Visit to the serene Canggu Nunnery.

In Chongqing, China
- Visit to the Chongqing Zoo to observe giant pandas.

UNESCO World Heritage Site Highlights
- Excursion to the magnificent Great Wall of China.
- Walking tour of Beijing’s mysterious Forbidden City.
- Visit to the towering Summer Palace, including a small boat cruise around Kunming Lake.
- Excursion to Beijing’s 15th-century Temple of Heaven.
- Excursion to the Xi’an Terra Cotta Warriors complex.
- Visits to Lhasa’s Potala Palace, Norbulingka Palace and Jokhang Temple (including Barkhor Square).

On Board the Deluxe Victoria Jenna
- Three-night Yangtze River cruise from Chongqing to Maoping, with a tour of the Three Gorges Dam.
- Suite or Cabin with a private balcony.
- Welcome Reception and Farewell Dinner.
- All meals aboard ship.
- Complimentary house wine and beer served with lunch and dinner; complimentary soft drinks, coffee and tea throughout the cruise.
- Complimentary Executive Lounge access, including beer, wine and spirits one hour before dinner and Wi-Fi access (conditions permitting).
- T’ai chi exercise sessions throughout the cruise.
- Excursion to Shibaozhai to see its wooden pagoda.
- Private boat cruise on the Goddess Stream.

In Shanghai
- Three nights in the historical Five-Star Fairmont Peace Hotel, located on the Bund waterfront.
- Full Western breakfast each morning.
- Farewell Reception.
- Panoramic tours of the famed Bund and Pudong districts and the French Concession.
- Walking tour of the hutong alleyways of the Old Chinese quarter and visit to the Yu Yuan Gardens.
- Visit to the renowned Shanghai Museum.

Always Included
- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to shipboard personnel, river guides and local guides and drivers on included excursions and transfers.
- Complimentary bottled water in your Suite or Cabin aboard ship and on excursions.
- Tibet travel permit.
- Complimentary use of an audio headset during guided excursions.
- Hospitality desk in the hotels and aboard ship.
- Experienced Gohagan & Company Travel Directors at your service.
- Automatic $250,000 USD flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Chinese civilization originated along the Yellow and Yangtze Rivers during the Neolithic era, and for centuries, its culture, literature, and philosophy flourished, with each dynasty and kingdom adding to its collective knowledge and heritage. Similarly, Tibet possesses a long and storied history of deep traditions that developed along the Yarlung River Valley in the seventh century. The historic home of the Dalai Lama, Tibet’s remote location among the foothills of the Himalayan mountain range holds an intriguing allure. The peaks of the Himalayas are sacred to Buddhism, the religion that serves as a powerful bridge between the physical and spiritual relationship of China and Tibet.

Buddhist teachings have played an influential role in the politics, economics, technology, and art among Tibetans, Chinese, and their neighbors through the present day. Yet, for hundreds of years, China and Tibet were insular countries, allowing only glimpses of their cultural richness to the outside world via the Silk Road, which further stoked the European imagination of the unique lands in the East. A mysterious land, one which Napoleon referred to as “a sleeping giant that would change the world when awoken,” China finally lifted its shroud in 1972. The reopening of China—and Tibet several years later—and the introduction of their ancient traditions to the Western world vaulted China into its current progressive nation status, which continues to be a spectacular transformation of the most populous, perhaps most culturally distinctive place in the world.
### DYNASTIES OF CHINA AND TIBET RESERVATION FORM

**Send to:** 2020 Dynasties of China and Tibet  
University of Saskatchewan  
c/o Gohagan & Company  
209 South LaSalle Street, Suite 500  
Chicago, Illinois 60604-1446

**For more information, please call Gohagan & Company at (800) 922-3088.**

<table>
<thead>
<tr>
<th>Category</th>
<th>LAND/Cruise TARIFF excluding taxes*</th>
<th>Early Booking Tariff* through March 18, 2020</th>
<th>Tariff** after March 18, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Cabin with two twin beds or one queen bed. Main Deck, forward and midship. (limited availability)</td>
<td>$4595</td>
<td>$5595</td>
</tr>
<tr>
<td>4</td>
<td>Cabin with two twin beds or one queen bed. Promenade Deck, forward and aft. (limited availability)</td>
<td>$5395</td>
<td>$6395</td>
</tr>
<tr>
<td>3</td>
<td>Cabin with two twin beds or one queen bed. Bridge Deck, forward and midship.</td>
<td>$5995</td>
<td>$6995</td>
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<tr>
<td>2</td>
<td>Executive Suite with two twin beds or one queen bed, larger sitting area. Bridge Deck, aft.</td>
<td>$7595</td>
<td>$8595</td>
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<td>1</td>
<td>Executive Suite with two twin beds or one queen bed, larger sitting area. Observation Deck, aft.</td>
<td>$7995</td>
<td>$8995</td>
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<tr>
<td><strong>Deluxe Suite</strong></td>
<td>Suite with two twin beds or one queen bed and a larger sitting area with sofa, chairs and writing desk. Promenade Deck, forward. (limited availability)</td>
<td>$8995</td>
<td>$9995</td>
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<tr>
<td><strong>Shangri La Suite</strong></td>
<td>Suite with extra-large private veranda having front and side views of passing scenery, including a table with two chairs, one queen bed, Jacuzzi tub with separate shower, and additional living area with sofa, dining table and chairs. Sleeping and living areas can be separated by a curtain. Promenade Deck, forward. (limited availability)</td>
<td>$9295</td>
<td>$10295</td>
</tr>
</tbody>
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Singles are available in category 4 at $8695 USD* and in category 2 at $12195 USD* on or before March 18, 2020. Add $1000 USD for reservations made after March 18, 2020.

Economy-class airfare Beijing/Xi'an, Xi'an/Lhasa, Lhasa/Chongqing and Yichang/Shanghai (internal program air) is $1365 USD per person additional and subject to change.

*Taxes are an additional $210 USD per person and are subject to change.

**Victoria Jenna** has been specially contracted for this program, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

#### LAND/Cruise Tariff

**Double occupancy** (two twin beds).

**Double occupancy** (one queen bed).

**Single accommodations.**

I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s) in category:

- [x] 1st choice _____ 2nd choice __________

- [ ] Double occupancy
- [ ] Double occupancy
- [ ] Single accommodations.
- [ ] I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).  

I/We want you to book my/our air, at an additional cost to be advised, from:  

<table>
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<tr>
<th>(fill in departure city)</th>
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</thead>
<tbody>
<tr>
<td>[ ] Economy Class</td>
</tr>
<tr>
<td>[ ] Upgraded Economy Class</td>
</tr>
<tr>
<td>[ ] Business Class</td>
</tr>
<tr>
<td>[ ] First Class</td>
</tr>
</tbody>
</table>

*Note: Airfare is subject to change and availability and is nonrefundable.

Please make my/our reservation(s) in category:

- [ ] Double occupancy
- [ ] Double occupancy
- [ ] Single accommodations.
- [ ] I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s) in category:

- [ ] Double occupancy
- [ ] Double occupancy
- [ ] Single accommodations.
- [ ] I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

1st choice _____ 2nd choice ______

- [ ] Double occupancy
- [ ] Double occupancy
- [ ] Single accommodations.
- [ ] I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

1/We will make my/our own air arrangements.

Program reservations require a deposit of $800 USD per person. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

- [ ] Enclosed is my/our cheque(s) for $________ as deposit.
- [ ] I/We authorize you to charge my/our deposit of $________ to:  
  - [ ] Visa  
  - [ ] MasterCard

Card Number Exp. Date

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by cheque, wire transfer or credit card by June 12, 2020.