Remote Newfoundland & Labrador

SOUTH LABRADOR AND THE GREAT NORTHERN PENINSULA

June 9 – 19, 2022

This tour is presented by the alumni associations of the University of Alberta, University of Saskatchewan, Western University, McMaster University, McGill University, and York University.

There are places in Canada that continue to live inside of you long after you’ve travelled onwards. Newfoundland’s Great Northern Peninsula and Labrador are two of these destinations. Join Canadian university alumni to explore places you’ve always dreamed of: Gros Morne; Battle Harbour; Red Bay; and L’Anse aux Meadows. Iceberg viewing, whale watching, ferry crossings, small boat cruising, hiking and walking, and exploring living heritage are all part of this experience.

This is one of the best places to see and appreciate nature in all its glory with dramatic coastlines, sweeping barrens, thick boreal forest, and ancient rock formations. Walk on the Earth’s mantle at the Tablelands and cruise the fjords in Gros Morne National Park. It’s also where we imbibe the rich maritime tradition; touch the soul of Labrador’s fishing heritage at Battle Harbour and learn about Basque whaling history at Red Bay. Medieval history is all around us as we explore the only known Norse outpost in North America at L’Anse aux Meadows.

Ocean-front accommodation puts you right in front of spectacular views. Enjoy two-night stays in two exceptional heritage properties; the Battle Harbour Historic site and the Quirpon Lighthouse Inn.

Contrasting the splendidly rugged geography is the warmth of a very special culture and tradition; rainbow-painted houses; a cuisine of cod tongue and crowberry pie; fiddles and song.
Study Leader

Born and raised on the island of Newfoundland, **Sean Cadigan** completed a PhD at Memorial University in 1991 on the social and economic history of the nineteenth-century Newfoundland cod fishery. He joined Dalhousie University in 1996 where he taught the history of Atlantic Canadian fisheries, seafaring history, and Atlantic Canadian history. Sean returned to Newfoundland in 2001 to become a professor of history at Memorial University, served as head of the History department from 2010 to 2013, and became the Associate Vice-President (Academic) in 2015. His interests have expanded to include the impact of war on political culture and the impact of offshore oil development on Newfoundland and Labrador. Sean has published three award-winning books: *Hope and Deception in Conception Bay: Merchant-Settler Relations in Newfoundland, 1785-1855* (1996), *Newfoundland and Labrador: A History* (2009), and *Death on Two Fronts: National Tragedies and the Fate of Democracy in Newfoundland, 1914-34* (2013). Sean was previously a study leader on our “East to the Arctic” expedition touring Newfoundland and the Labrador Coast. He combines an encyclopedic knowledge of the province’s traditions and culture with a congenial storytelling style.

Signature Moments

- Walk on the earths’ mantle on the Tablelands Trail at Gros Morne National Park
- Feast on cuisine you’ve never heard of with names you’ll never forget
- Connect with Labrador’s history at Battle Harbour’s Heritage Properties
- Get inspired by the views of Iceberg Alley from the Quirpon Island Lighthouse Inn
- Explore Viking history at L’Anse aux Meadows

Our Route

![Map of Newfoundland and Labrador]

Iceberg alley

Gros Morne National Park

“Moose crossing!” at Gros Morne
Detailed Itinerary

Thursday, June 9: Meet in Deer Lake
Meet at Deer Lake Airport at 1PM local time* for the transfer by coach to Rocky Harbour (about one hour travel time). Meet for a briefing and presentation by your study leader before dinner together at the Inn with spectacular views over the water. Overnight: Ocean View Hotel or similar, Rocky Harbour Meals: Dinner
**Please contact us prior to making your flight arrangements to verify this meeting time.

Friday, June 10: Gros Morne’s Tablelands
It took 500 million years for Mother Nature to create the spectacular landscape of Gros Morne National Park. Today we explore the spectacularly raw and enigmatic beauty of this UNESCO World Heritage Site. Begin with a boat tour deep into the glacier-carved valley of Trout River Pond, which provides the surreal experience of being surrounded on both sides by the towering cliffs of the world-renowned Tablelands and equally impressive North Arm Mountains. Then hike the easy four-kilometre Tablelands Trail to learn about the events that created this extremely rare example of what geologists used to prove the theory of plate tectonics. Explore the isolated pockets of serpentine barrens that give rise to unique plant species and, as always, stay on the lookout for moose! In the evening, have an authentic Newfoundland dining experience with a traditional beach boil-up of fresh local fare while overlooking the crystal-clear waters of Bonne Bay. Overnight: Ocean View Hotel or similar, Rocky Harbour Meals: Breakfast, Picnic Lunch, Dinner

Saturday, June 11: Gros Morne’s Green Gardens
Today’s Green Gardens guided hike explores the contrasting landscapes of Gros Morne National Park. Beginning on the rugged mantle rocks of the Tablelands, we’ll follow a path through boreal forest until we reach the lush meadows and volcanic sea stacks of Green Gardens. Here we walk the beaches, exploring the shores and caves and learning about the unique geology of exposed mantle, pillow basalt, and those breathtaking salty sea stacks. Enjoy a picnic lunch looking out to the wild North Atlantic in search of the many whales that pass by this area every year. We drive north this afternoon to the coastal town of Cow Head. Overnight: Cow Head Meals: Breakfast, Picnic Lunch

Sunday, June 12: To Labrador
Today we head along the coast to the Labrador ferry at St. Barbe. We’ll stop at the Port au Choix National Historic Site to explore a fascinating archaeological site amid a rugged coastline of limestone barrens, forests, and bays. This is where the sea’s bounty drew Maritime Archaic, Dorset, Groswater, and Beothuk people long before Europeans arrived. At the Visitor Centre, see original artifacts and a replica Dorset dwelling, then walk the limestone barrens to view sacred burial groups, ancient settlements, and rare arctic wildflowers. Our route continues to St. Barbe whence we take the ferry (about two hours) across the Strait of Belle Isle to Blanc Sablon, Quebec and onward a short distance by coach to Forteau on the southern coast of Labrador. Overnight: The Florian Hotel, Forteau Meals: Breakfast, Dinner

Monday, June 13: Battle Harbour
An early start today takes us along Labrador’s eastern coast to Mary’s Harbour. Here we catch the ferry nine miles ‘out the bay’ to one of the province’s most spectacular settings. You’ll be mesmerized by the rugged coastline, abandoned settlements, seasonal icebergs, and breathtaking views along the ferry route. The picturesque fishing port of Battle Harbour was established in the 1750s and is the best-preserved fishing village in the province. The mercantile premises have been lovingly restored to create comfortable lodgings and fine dining celebrating local ingredients. We’ll spend two nights in this remarkable place. Overnight: Battle Harbour Heritage Properties Meals: Breakfast, Lunch, Dinner
Tuesday, June 14: Battle Harbour
Spend the day happily exploring the harbour, the residences, and outbuildings, and meeting some of the locals who still call the island home. This was once the salt fish capital of the world and tells the story of the decline of the fishery. This is where the explorer Robert Peary came with the famous Newfoundland navigator Captain Rob Bartlett to use the only telegraph station in Labrador to stake his claim on reaching the North Pole. Walk the footpaths worn by fishermen and merchants centuries ago, stepping on a geological artwork – three-billion-year-old gneiss run through the dark bands of basalt. Look out for whales and icebergs at sea and Arctic plants and wildlife on land. The night is full of bright stars!
Overnight: Battle Harbour Heritage Properties
Meals: Breakfast, Lunch, Dinner

Wednesday, June 15: Red Bay, Forteau
Return by ferry to Mary’s Harbour and back along the coast to Red Bay. During the mid-16th century, large numbers of right and bowhead whales drew whalers from the Basque region of Spain and France to the Strait of Belle Isle, where they established a major whaling port at Red Bay. For some 70 years, Basque whalers made the dangerous, month-long journey across the Atlantic to hunt whales and produce the oil that lit the lamps of Europe. With our Parks Canada guide, we’ll explore this World Heritage Site to see original Basque artifacts and the restored chalupa which whalers used on the ocean to harpoon their giant catch. Spend the evening in Forteau looking out over the water.
Overnight: The Florian Hotel, Forteau
Meals: Breakfast, Picnic Lunch, Dinner

Thursday, June 16: Ferry to Newfoundland, to L’Anse aux Meadows
An early start this morning takes us back to Blanc Sablon and the ferry to St. Barbe. From here we head across the Great Northern Peninsula to the historic site of L’Anse aux Meadows where Norse expeditions from Greenland built small encampments of timber and sod against a stunning backdrop of rugged cliffs, bog, and coastline. Gather around the kitchen to hear tales of Thor, Loki, Erik the Red and more from the Sagas. Stay for two nights at the famed Quirpon Lighthouse Inn, a restored 1922 light-keeper’s home on the shores of ‘Iceberg Alley.’ Located off the northernmost tip of Newfoundland, this is the province’s best location for viewing icebergs.
Overnight: Quirpon Island Lighthouse
Meals: Breakfast, Dinner

Friday, June 17: Quirpon Island
Spend a full day exploring the island. Whales are constant companions off the shores of Quirpon; the array of whale life including Humpbacks, Minke, and Orca can be observed from the indoor whale watching station or you walk the high-country trails or boardwalks.
Overnight: Quirpon Island Lighthouse
Meals: Breakfast, Dinner

Saturday, June 18: Drive to Deer Lake
Today’s drive takes us back to Deer Lake. Our route is along the stunning coast, enjoying the spectacular scenery and stopping where the views are best: Flower’s Cove, Plum Point, and the Broom Point Lighthouse. We’re staying overnight in Deer Lake, close to the airport.
Overnight: Deer Lake Motel
Meals: Breakfast, Dinner

Sunday, June 19: Depart Deer Lake
Transfer to the Deer Lake Airport this morning for homeward bound flights. Or continue your stay in Newfoundland; rent a car at the airport or take the short flight to St. John’s.

Note: The itinerary and accommodation described in this tour brochure are subject to change due to due to logistical arrangements and to take advantage of local events.
**Tour Details**

**Tour Cost (per person):** Approx. C$5495 + 15% HST  
*Includes Taxes and Gratuities.*

Single Supplement: To be announced!  
_We would be happy to try to match you with a suitable roommate. If we are unable to, the single supplement will apply. This will be collected at 90 days prior to departure._

**Group Size:**  
14 – 18 participants

**What’s Included:**
- Arrival and Departure Transfers
- Accommodations in double occupancy at hotels listed or similar
- Meals as indicated in the itinerary
- Local entertainment
- Transportation by private coach
- Entrance fees to National Historic Sites visited as per itinerary
- Gratuities for driver, guide, hotel and group meals
- Services of a Worldwide Quest Tour Manager
- Presentations by your Study Leader

**Not Included:**
- Roundtrip airfare from your home to join the tour
- Meals other than those mentioned above
- Beverages with meals
- Fuel surcharges, if applicable
- Items of a personal nature
- Travel insurance
- Additional arrangements required due to any emergency or other situation
- Any item not mentioned in “tour cost includes” above

**Payment Details:**
A non-refundable deposit of C$500 per person is required to reserve a space on this tour. A second payment of C$1000 per person is due six months prior to departure. Final payment is due 90 days prior to departure.
What to Expect

Joining Instructions:
This tour begins with your arrival at Deer Lake Airport on June 9, 2022. Please ensure that you arrive by 2PM for the transfer to our hotel in Rocky Harbour. This transfer is included in the cost of the tour. The tour concludes with a single complimentary transfer from the hotel to the Deer Lake airport on June 19th. Please contact us to verify timing of this transfer prior to making any flight arrangements.

Level of Activity: Moderate
While this is not a particularly strenuous trip and none of our hikes are particularly long or fast, you should bear in mind that we will be walking on rough paths or pebbly beaches. You should be able to walk unassisted for up to two hours at a stretch. We will be taking several boat cruises; you should be comfortable getting in and out of vessels with assistance.

Accommodation
We will be staying in the best available accommodation with exceptional hospitality throughout the tour: The Ocean View Hotel offers cozy waterfront rooms in the beautiful town of Rocky Harbour in the heart of the Gros Morne National Park. The Florian Hotel is a simple hotel in a spectacular setting on the waterfront of picturesque Forteau. The Deer Lake Motel is a Four Star Canada Select property conveniently close to the Deer Lake Airport.

Spotlight on Heritage accommodation:

The Battle Harbour Properties are an exceptional experience within the National Historic Site. You've never been anywhere quite like this!

Quirpon Lighthouse Inn offers a unique island experience at a 1922 light-keeper's home on the shores of 'Iceberg Alley.' Fully restored the 10 beautiful rooms in this Registered Heritage Building will for our group's exclusive use.

Transportation
We will be travelling in a comfortable air-conditioned vehicle driven by a professional driver. We will be transferring from the mainland to Battle Harbour Properties and to Quirpon Lighthouse Inn by boat.

Weather
We expect a mix of sun and cloud with average daytime temperatures between 14 and 16°C and overnight temperatures between 3 and 7°C. Newfoundland and Labrador weather can be unpredictable. Please back accordingly.

Travel Documents
You will require a passport or valid government issued photo ID for this trip. Before booking, please refer to the Canadian government website to obtain travel advice for the destination(s) you are visiting: www.travel.gc.ca
Additional Info

Extend your Stay
If you are interested in exploring more of this region, we would be happy to design a personalized extension for you either before or after this tour. Please let us suggest some options, based on your time available, budget and interests.

Terms and Conditions
For additional information about our terms and conditions, please refer to your booking form, the current brochure or our website. All participants booking with Worldwide Quest are covered by the terms of the Ontario Travel Industry Act (Worldwide Quest International, Ontario - License # 2667946).

Cancellation Policy
All payments are non-refundable, however you may transfer your initial deposit for any land tour to another tour 90 days or more prior to your scheduled departure date. Initial deposits for cruises are non-refundable and non-transferable. Your second payment and your final payment are non-refundable and non-transferable. If you cancel within 90 days prior to trip departure, all associated trip costs are non-refundable. The tour price is quoted as a package. No partial refunds or credits will be given for services not used. In the event of a cancellation, you must notify Worldwide Quest immediately and in writing.

Travel Insurance
We urge you to ensure that you have adequate cancellation and medical insurance in place, should an unexpected event cause you to cancel or interrupt your trip or should the tour not be operable per our terms and conditions. We will offer you Manulife insurance coverage. Medical insurance including emergency medical evacuation coverage is mandatory on all our tours.

How to Book
Please contact the Worldwide Quest office for more information and to secure your booking.
1-800-387-1483 | 416-633-5666 | travel@worldwidequest.com

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